



PENSIONERS PROGRESS BULLETIN

पेंशनर्स प्रोग्रेस बुलेटिन

Quarterly

Volume No. 2 • Issue No. 4 • Pune • July - September 2020 • Page 36 • Price 20
वर्ष २ • अंक ४ • पुणे • जुलै - सप्टेंबर २०२० • पृष्ठ संख्या ३६ • मुल्य २०

ALL INDIA CENTRAL GOVERNMENT PENSIONERS ASSOCIATION H. Q. PUNE

(Registered Society Maharashtra No. MAH - 0938, Public Trust Certificate No. F - 753 Pune)

Phadake Sankul, 1785, Sadashiv Peth, Pune - 411030. Tel : 020-24493757/020 - 24473757

E-mail : aicgpa.chq123@gmail.com

Major breakthrough in Galwan Valley

Happy
73rd
Independence
Day

Advisors

1. Shri. S.K. Joshi
2. Shri. S.K. Deshpande
3. Shri. M.A. Karlekar

President

Shri. W.S. Bhome

Vice President

1. Shri. G. N. Kulkarni
2. Shri. N. M. Tikekar

General Secretary

Shri. H.F. Chaudhari

Assistant General Secretary

1. Shri. V.G.Kelkar
2. Mrs. S.U. Kurtkoti

Treasurer

Shri. K. M. Patwardhan

Assistant Treasurer

Smt. V.N. Kakade

Auditor

M/S Gokhale & Gokhale
Chartered Accountant

Organising Secretaries

1. Shri. S. B. Sonalkar
2. Shri. S.G. Rohidas
3. Shri. R.J. Nimbalkar
4. Shri. B.J. Sarwar
5. Shri. G.S. Dhote
6. Shri. M.S. Hagaragi
7. Shri. S.G. Pawar
8. Shri. P.A. Joshi

Donations are exempt from income tax under 80(G) of Income Tax Act 1961. The Branch secretaries can remit money by crediting in following bank accounts. But intimation to Head Quarter is absolutely necessary.

© Bank of Baroda , Sadashiv Peth, A/c No.: 045 001 000 14692, IFSC Code : BARB0SADASH



Helping Hand for Pensioners!
Pension at Doorstep through AePS for FREE

Call **155299 / 18000 180 7980** or your nearest Post Office to **withdraw your Pension through AePS Free***

Access your Aadhaar Linked Pension Account with any Bank

- ✓ Pension Withdrawal upto ₹10,000/-
- ✓ Balance Enquiry & Mini-Statement
- ✓ Safe Transactions using Biometric
- ✓ Doorstep Service on request
- ✓ Avail Other IPPB Products

Say No to Queues, Long Waiting, Travel Hassles & filling Challans.
Stay Safe, Transact Digitally

#CoronaKoHaranaHai

*No Doorstep charges levied due to COVID-19 National Lockdown. Transaction charges are applicable as per Bank / Regulatory norms and subject to change accordingly.

Follow us on: [f @lppbonline](#) [t @lppbonline](#) [i @lppbonline](#) [in India Post Payments Bank](#) [India Post Payments Bank](#)



सावधान

सभासद मित्रांनो...

आपणास माहिती आहेच की महाराष्ट्रात दिवसेंदिवस कोरोनाचा प्रादुर्भाव वाढतो आहे. आपल्या आजूबाजूला रुग्ण आढळल्याच्या बातम्या ऐकायला मिळतात. पुण्यात तर हेड पोस्ट ऑफिसात सुद्धा शिरकाव झाल्याची सुचना वाचनात आली. सुदैवाने कर्मचारी व त्यांचे कुटुंबीय बरे झाले आहेत व होत आहेत. सर्व सेवानिवृत्तांनी सामाजिक सुरक्षा व सबलीकरण खात्यातर्फे प्रसारित मार्गदर्शिके नुसार योग्य काळजी घेणे आवश्यक आहे.

* घरातच रहावे.

* सोशल डीस्टेंसिंग पाळावे.

* विशेष म्हणजे लहान सहान कामासाठी पोस्टात किंवा बँकेत जाऊ नये. पेंशन काढण्यासाठी व पैशाचा व्यवहार करण्यासाठी शक्यतो खालील आधुनिक पर्यायांचा वापर करावा.

१. मोबाईल पेमेंट ॲपचा वापर करावा.
२. *ATM Card* द्वारे पैसे काढावे व बिलांचा भरणा करावा.
३. कोअर बँकिंग सिस्टिम (*CBS*) चा वापर करावा.
४. इंडियन पोस्ट पेमेंट बँक (*IPPB*) चा वापर करावा.
५. चेक सुविधेचा वापर करावा.
६. पेंशन सर्टिफिकेट / इंटरस्ट स्टेटमेंट / टी.डी.एस सर्टिफिकेट इत्यादि प्रमाण पत्र मिळविण्यासाठी *Email* चा वापर करावा.

* यासाठी आपल्या घरातील सदस्याची किंवा विश्वासू सहकाऱ्याची मदत घ्यावी.

तरी वरील सूचनांचे पालन करून आपले, आपल्या कुटुंबातील सदस्यांचे व आजूबाजूच्या व्यक्तींचे आरोग्य अबाधित राखावे. ही विनंती!
एच. एफ. चौधरी, जनरल सेक्रेटरी

Dear Brothers & Sisters,

Let us pay respectful homage to our brave soldiers, who fought for securing our border, laid down their lives in defence of our national territorial integrity at Galwan Valley of Ladakh on 15.06.2020. We convey our heartfelt condolence and sympathy to their bereaved family members.

Due to the spread of COVID-19, pandemic, India has been in lockdown mode for three months from 22nd March, 2020 facing lot of economic slowdown. During Un lock process starting from 8th June, 2020, we are facing the increase in the number of cases of COVID-19, which is the challenge for us. We the senior citizens have to be more careful and follow the Advisory issued by Ministry of Social Justice and Empowerment. WE have to avoid to visit the Banks/Post Offices and adopt the modern techniques to withdraw/ pay money from the Bank/Post Accounts by remaining at home only. We made an appeal to the pensioners to donate minimum one day's pension for this noble cause to Prime Minister CARE Fund. We have contributed Rs. 1,50,000/- to PM Cares Fund.

The pandemic is here to stay for longer than we imagined. For running the Association successfully, We will have to change the ways and means of the communications. AS I am advising since I took over the charge of General Secretary in November' 2017, we have to use modern methods of communications such as Emails, WhatsApp, SMS to correspond with headquarter and also be connected with the members/pensioners spread in all corners to run the duties and activities of the Association.

In view of the Covid-19, CGHS has issued necessary orders in respect of CGHS beneficiaries for extension of validity of CGHS cards up to 31st July, 2020, purchase of Medicines from nearby Medical shop in stead of visiting Wellness Centres etc. CGHS has issued advisory for Tele-Homecare COVID-19 patients.

In view of the Covid-19, BSNL has also extended the validity of BSNLMRS Cards in respect of retired employees up to 30.09.2020. BSNL Corporate office extended the cut off date for exercising the option for BSNL MRS facility With voucher Or Without voucher up to 30.09.2020 for this year 2020-21.

Due to extension of the Lock Down and the situation of COVID-19 in Mumbai, the work of CCA Mumbai and Maharashtra is hampered very much resulting delay in the issue of PPOs in respect of some BSNL retirees during June to December, 2019. In respect of the VRS-2019 retirees, some SSAs could not transport the Service Book/ Pension documents required for finalization of the pension case and issue of the PPO. Status of PPO issued as on 30th June 2020 is as Maharashtra 6918 out of 9997, Karnataka 5925 out of 6055 and MP 3575 out of 3659.

POST-Vrs senario, we are witnessing the continuity of the Services from BSNL. We are yet to get the Revenue figures for the Financial year 2019-20. We hope that **BSNL will narrow down the loss compared to the loss of Rs 7,500 crore in FY 2019-20.**

Index

1) G. S. Speaks	3
2) Government Orders	4
Mobility of Personnel amongst Central / State or Auto bodies, Revision of Pension of Pre-2016 pensioners	
3) CGHS Orders.....	7
Notification of Rates for some investigations, Order dated 14 January & 3rd June, 2020. Extension of Validity of CGHS Cards, Reimbursement of Cost of Medicines, Advisory to be followed by CGHS Wellness Centres, Guidelines for Tele-Homecare of COVID-19 patients	
4) BSNL Orders.....	17
Submission of Documents by pensioners in SAMPANN, Clarifications on Option for outdoor medical claims Extension of Validity Of BSNL-MRS Cards	
5) Correspondence Made.....	23
6) Donations / Remittance Made to Headquarter	26
7) मराठी विभाग	29
8) Donations for PM Cares Fund	34

I wish you and your Family a safe journey through this cautious spell of life.

H. F. Chaudhari



Subject: - Mobility of personnel amongst Central /State & Autonomous Bodies while working under Pensionable establishments – regarding.

The undersigned is directed to say that the New Pension Scheme (now called as National Pension System) was introduced vide Department of Economic Affairs' notification No.5/7/2003-ECB.PR dated 22.12.2003. It was provided that NPS would be mandatory for all new recruits to the Central Government service from 1st of January 2004 except the Armed Forces.

2. In this Department's O.M. of even number dated 26.7.2005, it was provided that all employees who joined Central Government service or in the service of an autonomous body set up by the Central Government before 1.1.2004 and who were governed by old pension scheme under the Central Civil Service (Pension) Rules, 1972 will continue to be governed by the same pension scheme / rules and will count their past service if they take up new appointment in another Ministry / Department of the Central Government or a Central Autonomous Body covered by the CCS (Pension) Rules on or after 1.1.2004, subject to their satisfying the conditions laid down in Para 4 of DP&AR's O.M. No.28/10/1984-PU dated 29.8.1984.
3. Subsequently, vide this Department's O.M. of even number dated 28.10.2009, the benefit of counting of past service under the CCS(Pension) Rules, 1972 was extended to those employees who were initially appointed before 1.1.2004 in (i) Central Government Departments covered under Railway Pension Rules or other similar non-contributing pensionable establishments of Central Government covered by old Pension Scheme /rules other than CCS(Pension) Rules, 1972 OR, (ii) State Government covered under old pension scheme similar to CCS(Pension) Rules, OR (iii) Central / State Autonomous Body covered by the old pension scheme and who resigned to join a Central Government Department / Office or a Central Autonomous Body having pensionable establishment.
4. Representations have been received in this Department from employees who joined under NPS in Central Government / Central Autonomous Bodies after 1.1.2004 but before 28.10.2009, after technical resignation from a pensionable establishment of a Central Government Department, State Government or Central / State Autonomous Body and who were denied the benefit of counting of past service in the old pension scheme in the Central Government.
5. The matter has been examined in consultation with Department of Personnel and Training and Department of Expenditure. It has been decided that those employees who joined Central Government / Central Autonomous body under NPS during 1.1.2004 to 28.10.2009 after submitting technical resignation from Central Govt. / Central Autonomous Body or a State Government / State Autonomous Body and who fulfill the conditions for counting of past service in terms of this Department's O.M. dated 28.10.2009, may be given an option for induction in old pension scheme and to get their past service rendered in the Central / State Government or Central / State Autonomous Body counted for the purpose of pensionary benefits on their final retirement from the Central Government / Central Autonomous Body, subject to fulfillment of all other conditions of counting of such past service in terms of DPAR's O.M. dated 29.8.1984 read with this Department's O.M. dated 7.2.1986 as amended from time to time.
6. Such option may be exercised within 3 months of issue of this O.M. Such employees who are appointed under NPS during 1.1.2004 to 28.10.2009 and are eligible to exercise option in terms of para 5 above but do not exercise the option within the stipulated period will continue to be covered by the provisions of National Pension System. Those employees who joined during 1.1.2004 to 28.10.2009 and have already been given the benefit of CCS (Pension) Rules in terms of O.M. dated 28.10.2009, will continue to be governed by those rules.
7. Those employees who exercise option for counting of past service in accordance with the above provisions may be allowed to avail the benefit under CCS (Pension) Rules, 1972. The capitalized value of pension and gratuity for the past service in the Central / State Autonomous Body will be deposited by that Body to the Central Government / Central Autonomous Body in accordance with the instructions contained in the O.M. No. 28/10/84- Pension Unit dated 29.8.1984. In case the employee concerned has received the pensionary benefits from the Central Government Departments, State Government, Central / State Autonomous Body, etc., he would be required to deposit the amount of such pensionary benefits (along

with interest to be calculated in accordance with this Department's O.M. No. 38/34/2001-P&PW(F) dated 29-07-2002) with the Central Government Department /Central Autonomous Body in which he has joined, to enable counting of past service. The employee's share in the accumulated wealth of National Pension System with interest / returns accrued thereon under the NPS, would be deposited in the GPF account of the employee. The employer's share along with interest / returns accrued thereon under the NPS would be deposited in the account of Central Government / Central Autonomous Body in accordance with modalities provided in para 9 of this OM.

8. In some cases, due to non-availability of benefit of counting of past services under the old pension system during 01.01.2004 to 28.10.2009, the employees of State Government/ State Autonomous bodies etc. may have been compelled to take voluntary retirement before joining pensionable Central Government Department/ Central Autonomous bodies after 01.01.2004 but before 28.10.2009. It has been decided that 'voluntary retirement' of such employees may be treated as 'technical resignation' and the benefit of provisions of para 5 to para 7 above may also be extended to them subject to fulfillment of all other conditions for counting of service.

8.1 The forwarding the application through proper channel for the post they had joined after getting voluntary retirement is a pre- requisite for considering it as technical resignation.

8.2 The provisions of this O.M. is mandatory in all such cases.

9. The modalities of accounting of the NPS accumulation would be as under:

No.	Issues	Adjustment process
1	Adjustment of employee's contribution to NPS	Amount may be credited to the individual's GPF account and the account may be recasted 2permitting up to date interest. (FR 16 & Rule 11 of GPF Rules)
2	Adjustment of Government contribution to NPS	To be accounted for as (-) Debit to Object Head "70- Deduct Recoveries" under Major Head " 2071- Pension and other Retirement Benefits" and Minor Head " 911 – Deduct Recoveries of overpayments" (GAR 35 and Para 3.10 of LMMH and Para5.1.3 (iii) of Civil Accounts Manual refers)
3	Adjustment of increased value of subscription in NPS on account of appreciation of investment	May be accounted for by crediting the amount to Government Account under Major Head "0071- Contribution & Recoveries towards Pension & other Retirement Benefits" and Minor Head "800-Other- Receipts"(Note under above Major Head in LMMH)

10. All Ministries / Departments are requested to bring the contents of these orders to the notice of Controller of Accounts/Pay and Accounts Officers and Attached, Subordinate Offices and Autonomous bodies under them.

11. This issues in consultation with of Ministry of Finance, Deptt. of Expenditure vide ID Note No. 25(6)/EV/ 2017 Dated 06.01.2020 and in consultation with Controller General of Accounts vide their I.D. Note No. 1(7)(2)/2010/c/a/TA/860 dated 18.08.2017.

12. In their application to the employees of Indian Audit and Accounts Department, these orders are issued after consultation with Comptroller and Auditor General of India, as mandated under Article 148(5) of the Constitution.

13. Hindi version will follow.

(Ruchir Mittal), Deputy Secretary to the Government of India

□ □ □

No. 38/37/2016 -P&PW (A) Dated : 18th June, 2020 Government of India Ministry of Personnel, Public Grievances and Pension Department of Pension and Pensioners' Welfare Lok Nayak Bhavan, Khan Market New Delhi.

Subject: - Revision of pension of pre-2016 pensioners / family pensioners in implementation of Government's decision on the recommendations of the 7th Central Pay Commission - Concordance Table Corrigendum regarding.

The undersigned is directed to refer to this Department's OM of even number dated 6.7.2017 on the subject mentioned above and to say that there is some error in the entries relating to the pre-revised pay of Rs. 21820/- (6th CPC Grade Pay : Rs. 5400/- 7th CPC Level - 9) in Table 29 enclosed therewith.

2. It is requested that the existing Table 29 may be substituted by the enclosed Table 29. The revised entries have been shown in bold letters.

(R. C. Sethi)

Under Secretary to the Government of India

Table NO. 29

Scale of pay / pay in the pay Band & Grade Pay at the time of retirement

From 01.01.1986 to 31.12.1995	2200-75-2800-100-4000
From 01.01.1996 to 31.12.2005	8000-275-13500
From 01.01.2006 to 31.12.2015	9300-34800 GP 5400
Corresponding level w.e.f. 1.1.2016	Level - 9 (53100-167800)

Basic Pay From 01.01.1986 to 31.12.1995	Basic Pay From 01.01.1996 to 31.12.2005	Basic Pay From 01.01.2006 to 31.12.2015	Pay range for pensioners retired during 1.1.2006 to 31.12.2005		National Pay as on 01.01.2016	Revised Pension Enhanced Family pension (if applicable) w.e.f. 1.1.2016	Revised Family pension w.e.f. 1.1.2016
			Minimum	Maximum			
2200	8000	20280		20660	53100	26550	15930
2275	8000	20280		20660	53100	26550	15930
2350	8000	20280		20660	53100	26550	15930
2425	8275	20800	20670	21280	54700	27350	16410
2500	8275	20800	20670	21280	54700	27350	16410
2575	8275	20800	20670	21280	54700	27350	16410
2650	8550	21310	21290	21900	56300	28150	16890
2725	8550	21310	21290	21900	56300	28150	16890
2800	8550	21310	21290	21900	56300	28150	16890
* 2900	8825	21820	21910	22560	56300	28150	16890
3000	9100	22330	21910	22560	58000	29000	17400

* Change in this level only.

□ □ □

No. 4-24/96-C&P/CGHS (P)/EHS Dated : 1 January 2020 From : Government of India Ministry of Health & Family Welfare Department of Health & Family Welfare EHS Section, Nirman Bhawan, New Delhi.

Subject : Eligibility of Permanently Disabled Son of a CGHS Beneficiary to avail CGHS facility.

In terms of the Office Memorandum of even number dated 07.05.2018, unmarried permanently disabled and financially dependent sons of CGHS beneficiary suffering 40% or more of one or more disabilities as specified in the D.M. will continue to avail CGHS facility even after attaining the age of 25 years. However, the son above the age of 25 years, in cases where disability has occurred after attaining the age of 25 years, is at present not considered as dependent for availing medical facilities under CGHS as per extant policy.

2. The matter has been engaging the attention of this Ministry for quite some past. It has now been decided that such son(s) above 25 years, in cases where the disability has occurred after attaining the age of 25 years can be considered as dependent for availing medical facilities under CGHS, subject to fulfillment of all other conditions as mentioned in the G.M. dated 07.05.2018.
3. This issues with the approval of Competent Authority.

(Rajeev Attri)

Under Secretary to the Govt. of India

□ □ □

S-11011/09/2019/Addg.HQ/CGHS , Dated the 14th January , 2020 From : Government of India Ministry of Health and Family Welfare Department of Health & Family Welfare Directorate General of CGHS, Nirman Bhawan, New Delhi

Subject : - Notification of CGHS Rates for 15 Investigations under CGHS.

With reference to the above mentioned subject the undersigned is directed to draw attention to the Office memorandum No S. 11045/36/2012-CGHS(HEC) dated 01.10.2014 vide which CGHS package rates for various treatment procedures and investigations were notified by the Government for Health Care Organizations (HCOs) empanelled under CGHS and to State that representations from various stake holders regarding non-availability of CGHS rates for some of the investigations have been received in this Ministry. The matter was reviewed and it is now decided to notify CGHS package rates for the following investigations and their inclusion in CGHS rate list as under:

S. No.	Name of Unlisted Investigations / Unlisted Implant	Recommended Rates (in Rupees)
1	Kappa Lambda Light Chains, Free, Serum	3500/-
2	Serum IGE level	300/-
3	NT-Pro BNP	1800/-
4	CECT Chest	2500/- including CD
5	MRI-Prostate (Multi-parametric)	6000/- including CD
6	HCV RNA Quantitative	500/-
7	Tarcolimus	2300/-

S. No.	Name of Unlisted Investigations / Unlisted Implant	Recommended Rates (in Rupees)
8	Protein Creatinine Ratio, Urine	120/-
9	Fiboscan Liver	1000/-
10	HLA B27 (PCR)	500/-
11	Montoux Test	175/-
12	Procalcitonin	1800/-
13	TORCH Test	1120/-
14	Intracoronary OCT (AIIMS Rates)	65000/- + GST
15	FFR Wire cost (AIIMS Rates)	Wire cost as per AIIMS rates of 23500/- + GST and procedure charge as per existing CGHS rates of Rs 15000/- for NABH and Rs 12750/- for Non NABH hospitals

2. The rates for investigations from S. No. 1 to S. No. 13 are for Non-NABL/Non-NABH accredited HCOs. The rates for NABL/ NABH accredited HCOs shall be 15% more. The rates from S. No. 14 & 15 shall be common for both NABH-accredited/Non-NABH accredited HCOs.
3. These rates shall come into force from the date of issue of the letter.
4. This issues with concurrence of Integrated Finance Division of Ministry of Health & Family Welfare vide CD No 3495 dated: 13.01.2020.

(Dr. Manoj Jatn)
Addl. DDG (HQ), CGHS



Z 15025 / 17 / 2020 / DIR / CGHS Dated 29 May 2020 From : Government of India Ministry of Health & Family Welfare Directorate General of CGHS, Nirman Bhawan, New Delhi.

Subject : Extension of Validity of CGHS Card in view of the Corona Virus (COVID - 19) infection-

In view of the Corona Virus Disease (COVID-19), all out efforts are made by the Government to contain its impact by instituting measures at community as well as at individual level, Guidelines for maintaining social distancing between individuals have already been issued by the Government.

- 2) In the spirit of above guidelines, the undersigned is directed to draw king attentionto the Office order of even number dated 1.4.2020 and 27.4.2020 vide which the validity of CGHS Cards expiring on 31st March 2020 and thereafter has been extended in respect of CGHS pensioner beneficiaries contributing onannual basis and Central Government serving employees superannuating on 31.3.2020 and thereafter as per the details given under.
 - i) In case of CGHS pensioner beneficiaries, who contribute the subscription on annual basis and whose CGHS cards are valid till 31st March 2020 and thereafter, the validity period shall be extended till 31st July 2020 in the Data Base, by the Additional Directors City / HQ (in Delhi) on the basis of request received over e-mail from such beneficiaries. A paper print-out be signed and scanned copy of the same shall be sent to the beneficiary by e-mail with a direction to submit the relevant documents and subscription before 31st July 2020.

- ii) Similarly, if a request is received by e-mail from serving employees, who superannuated on 1.3.2020 and thereafter and are not in receipt of PPO the CGHS Card may be converted as pensioner CGHS Card and validity period extended to 31st July 2020. A paper print-out may be signed and scanned copy of the same shall be sent to the beneficiary by e-mail with a direction to submit the relevant documents and subscription before 31st July 2020 Additional Director City / HQ (in Delhi) will verify the date of superannuation from CGHS database before processing the request. If a Govt. Servant superannuating on 31.3.2020 and thereafter was not a member of CGHS during service then he will have to submit a proof of superannuation.
- iii) The period of extension will be included when the card validity is regularized on depositing the subscription (including the subscription for the extended period).
- iv) That these relaxations are being made to help the CGHS beneficiaries in view of extraordinary conditions due to COVID 19 and will not be cited as a precedence in future.

(Dr. Sanjay Jain) Director, CGHS



Z 15025 / 12 / 2020 / DIR / CGHS Dated 29 May 2020 From Government of India Ministry of Health & Family Welfare Directorate General of CGHS, Nirman Bhawan, New Delhi.

Subject : Reimbursement of cost of OPD Medicines : Special Sanction in view of COVID - 19 till 31st July 2020 regarding.

In view of the Corona Virus Disease (COVID -19), all out efforts are made by the Government to contain its impact by instituting measures at communit as well as at individual level.

- 2) In this regard the undersigned is directed to draw attention is the OM of even number dated 27.3.2020 and 29.4.2020 vide which an option has been provided to CGHS beneficiaries getting medicines for Chronic diseases, to purchase medicines based on the prescription helf (prescribed by CGHS Medical Officers / CGHS Specialists / other Govt. Specialists / Specialst of empanelled hospital) till 31st May 2020 irrespective of Non-Availability certificate from CGHS or otherwise. However, several representations are received in the Ministry Seeking extension of the period in view of the continued 'Lock Down'.
- 3) The matter has been reviewed by the Ministry it is now decided that CGHS beneficiaries getting medicines for Chronic diseases shall be permitted to purchase medicines based on the prescriptionhelf (prescribed by CGHS Medical Officers / CGHS Specialists / other Govt. Specialists / Specialist of empanelled hospital) till 31st uly 2020 on the same conditions as per the earlier OM dated 27.3.2020. It is also clarified that the CGHS Wellness Centre are functional and CGHS beneficies also have the option to collect medicines through CGHS Wellness Centres as per normal practice, instead of purchasing from market.
- 4) Issued with the approval of integrated Finance Division, MoHFW vide Cd No. 430 dated 25.5.2020

(Dr. Sanjay Jain) Director, CGHS



CGHS Helpline

- ◆ A 24 X 7 National CGHS Helpline service is available on a toll free number 18002088900. It is a bilingual, Hindi and English service which is universally accessible (through landline or mobile of any service provider).
- ◆ The beneficiaries can seek all CGHS service related information through this Helpline

Z 15025 / 18 / 2020 / DIR / CGHS Dated 9 June 2020 From Government of India Ministry of Health & Family Welfare Directorate General of CGHS, Nirman Bhawan, New Delhi.

Subject : Advisory to Health Care Organizations (HCOs) empanelled under CGHS in view of the prevalent Corona Virus (COVID - 19) Pandemic.

With reference to the above subject the undersigned is directed to state that this Ministry is in receipt of representations from CGHS beneficiaries of the difficulties in availing treatment facilities at private hospital / Diagnostic Centres empanelled under CGHS. The matter has been reviewed and it is now decided to reiterate that all CGHS empanelled hospitals, which are notified as COVID - Hospitals by State Governments shall provide treatment facilities to CGHS beneficiaries as per the CGHS norms, for all COVID related treatments.

Similarly, it is again reiterated that all the CGHS empanelled hospitals, which are not notified as COVID Hospitals shall not deny treatment facilities / admission to CGHS beneficiaries and shall charge as per CGHS norms, for all other treatments.

Suitable action shall be taken in case of violation of the guidelines.

(Dr. Sanjay Jain)
Director, CGHS

□ □ □

S 11011 / 09 / 2019 / Addl/ DDG (HQ) / CGHS Dated 3 June 2020 From Government of India Ministry of Health & Family Welfare Directorate General of CGHS, Nirman Bhawan, New Delhi.

Subject : Notification of CGHS rates for 25 Investigations.

With reference to the above mentioned subject the undersigned is directed to draw attention to the Office Memorandum No S 11045/36/2012-CGHS (HEC) dated 01.10.2014 vide which CGHS package rates for various treatment procedures and investigations were notified by the Government for Health Care Organizations (HCOs) empanelled under CGHS and refer to the OM of even number dated 14.01.2020 vide which CGHS rates have been notified for 15 investigations and procedures and to state that it is now decided to notify CGHS package rates for another 25 investigations and their inclusion in CGHS rate list as per the details given under.

No.	Name of Investigations	Recommended Rates (in Rupees)
1)	Anti-smooth muscle antibody test (ASMA)	1,460/-
2)	C ANCA - IFA	1,500/-
3)	PANCA - IFA	1,500/-
4)	ACE	1,000/-
5)	EBUS (Endo Brachial Ultrasound) - TBNA (Using New Needle)	18,370/-
6)	ENA (Quantitative)	4,600/-
7)	Chromogranine A	5,000/-
8)	Fecal Calprotectin	2,730/-
9)	C3 -COMPLEMENT	650/-
10)	C4 - COMPLEMENT	650/-
11)	Geneexpert test	1,035/-
12)	DJ - stent removal	8,700/-

No.	Name of Investigations	Recommended Rates (in Rupees)
13)	PFT (Spirometry with DLCO)	500/-
14)	EUS (Endoscopic Ultrasound) guided FNAC (Using New Needle)	15,000/-
15)	Ct Urography	4,500/-
16)	Video Laryngoscopy	6,000/-
17)	CT Angio-Neck vessels	6,000/-
18)	H1 N1 (RT-PCR)	1,034/-
19)	Erythropoictin level	2,000/-
20)	Anti HEV IgM	1,000/-
21)	Anti HAV IgM	750/-
22)	HbsAg quantitative	650/-
23)	Typhidot IgM	400/-
24)	Hepatitis B Core AntibodyHBcAB level (Hepatitis B Core IgM antibody)	480/-
25)	Anti Hbs	650/-

- 2) The rates for investigations from S. No 1 to S No. 25 are for NABL/- NABH accredited HCOs. The rates for non-NABL/non-NABH Accredited HCOs shall be 15% less.
- 3) These rates come into force from the date of issue.
- 4) This issues with the concurrence of integrated Finance Division of Ministry of Health & Family Welfare vide CD No 460 dated 02/06/2020

(Dr. Sanjay Jain) Director, CGHS



Z 15025 / 18 / 2020 / DIR / CGHS Dated 10 June 2020 From Government of India Ministry of Health & Family Welfare Directorate General of CGHS, Nirman Bhawan, New Delhi.

Subject : Reiteration of Advisory in view of the Corona Virus (COVID - 19) Infection - Guidelines to be followed at CGHS Wellness Centres / Units.

In view of the Corona Virus Disease (COVID - 19), all out efforts are made by the Government to contain its impact by instituting measures at community as well as at individual level.

- 2) Guidelines for maintaining social distancing between individuals have already been issued by the Government earlier vide Office ORder of even number dated the 15th April 2015. In the spirit of above the under signed is directed to reiterate the following guidelines to be followed strictly at CGHS Wellness Centres / Units in view of the prevalent COVID - 19 infection.
 - 1) The CMO in charge of the Wellness Centres shall keep themselves updated with the guidelines issued by the Ministry of Health & Family Welfare through the official Website of Ministry of Health & Family Welfare and CGHS and disseminate the correct information to the staff as well as CGHS beneficiaries.
 - 2) CMO in charge in consultation with Addl. Director shall procure the protective gear for the staff like Face Masks, Gloves, santizer, etc., CMO in charge shall ensure their availability and ensure that they are used rationally.
 - 3) Separate Fever Clinic shall be organized at Wellness Centres within the constaints of resources and One Medical Officer shall be disignated specifically for the fever clinic for 14 days by rotation.

He/She shall not examine any other patients. He/She shall be provided with Protective gear like Face cover, Gloves, N-95 Masks, etc. Prophylaxis with Hydroxy-Chloroquin (HCO) as per the guidelines of MoHFW shall be provided.

- 4) Every CGHS beneficiary / CGHS staff Member entering Wellness Centre shall be screened with Thermal Scanner by the MTs / Security Staff.
- 5) Any CGHS beneficiary / Staff member with raised temperature shall be directed to Fever Clinic without registration. Registration number is generated in the module of the Medical Officer of Fever Clinic. The beneficiary shall be examined by the designated Doctor in the Fever Clinic and if there is suspicion of COVID - 19 Infection, the beneficiary shall be advised RT PCR Test of COVID - 19 Infection as per prevalent ICMR guidelines. Positive cases shall be referred to the Local Health Centre notified for the COVID - 19 by the State Government / Local Authorities and intimate the concerned Authorities.
- 6) Hand held Pulse Oximeters shall be used as a routine tool for initial assessment of all the patients coming to CGHS OPDs with fever and with or without difficulty in breathing, as part of the revamping of the facilities at CGHS Wellness Centres. There are some reports that early oxygen saturation levels of $\leq 91\%$ in setting of fever or otherwise indicate compromised cardio-pulmonary function, necessitating early hospitalization.
- 7) Suspected cases of COVID - 19 infection with Oxygen saturation of 91% or less shall however, be referred to the Local Health Centre notified for the COVID - 19 by the State Government / Local Authorities and intimate the concerned Authorities without any RT PCR test for COVID - 19.
- 8) CMO in charge shall maintain the contact numbers of Nodal Centre for COVID - 19 cases and the Local Public health authorities.
- 9) Those who are performing duty in the Fever clinic shall be provided Prophylaxis with Hydroxy-Chloroquin (HCQ) as per the guidelines of MoHFW.
- 10) CMO in charge shall procure requisite quantity of Hydroxy Chloroquin (HCQ) in the Wellness Centre and shall ensure that the drug is used strictly as per the guidelines of Ministry of Health & Family Welfare.
- 11) CMO in Charge shall arrange for sanitization in co-operation with Local Health Authorities.

Addl. Directors, CGHS of Cities / Zones shall take necessary action to ensure the implementation of the guidelines.

(Dr. Sanjay Jain), Director, CGHS

S 11011 / 11 / 2020 -EHS Dated nill From Government of India Ministry of Health & Family Welfare Directorate General of CGHS, Nirman Bhawan, New Delhi.

Subject : Opening of CGHS Wellness Centre in Sangli, Maharashtra.

Sir,

I am directed to refer to your letter dated 25th November, 2019 on the above mentioned subject and to say that as per extant norms, the criteria fixed for setting up a Central Government Health Scheme (CGHS) Wellness Centre in a particular area are as under

- i) **In an existing CGHS City** : For opening of a new Allopathic CGHS Wellness Centres in an existing CGHS city, there has to be a minimum of 2000 Card holders (serving employees of Central Government and Central Civil pensioners)
- ii) **Extension of CGHS to a new City** : For extension of CGHS to a new city, there has to be a minimum of 6,000 Card holders.

Proposals for setting up a new Wellness Centres are considered as per extant norms and subject to availability of resources.

Yours Faithfully,

(Rajeev Attri) Under Secretary to the Govt. of India

□ □ □

F.No. 1-2/2020/CGHS/ADHQ/29 Dated the 16th June, 2020 From : Government of India Ministry of Health & Family Welfare Directorate General of CGHS Nirman Bhawan, New Delhi

Sub : Guidelines for tele-homecare of COVID-19 patients regarding.

In view of the current Coronavirus Disease (COVID-19) Pandemic, the matter relating to providing tele-home care to those CGHS beneficiaries who test positive for COVID 19 manifest mild to moderate symptoms, have no co-morbidities and decide to opt for home isolation has been considered by the CGHS Directorate and it has been decided to issue the attached Advisory for the guidance of patients, caregivers, CGHS doctors and staff.

Additional Directors of Cities/Zones are requested to implement the Advisory, circulate it among all stakeholders, take appropriate action and keep this Directorate informed from time to time.

Encl: As above

(Dr. Sanjay Jain) Director, CGHS

F.No. 1-212020 / CGHS / ADHQ / 29 Government of India Ministry of Health & Family Welfare Directorate General of CGHS

ADVISORY FOR TELE-HOMECARE OF COVID 19 PATIENTS

Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. In majority of people COVID-19 virus causes mild to moderate respiratory illness and they recover without requiring special treatment. Older people and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease and cancer may develop serious illness. MoHFW has issued guidelines for home isolation of very mild/pre-symptomatic COVID - 19 cases. The same can be accessed at the following url.

<https://www.mohfw.gov.in/pdf/RevisedguidelinesforHomelsofverymildpresymptomatic COVID19cases1 OMay2020. pdf>

In the case of CGHS beneficiaries, those persons who have been tested positive for Covid-19, manifest mild to moderate symptoms, have no co-morbidities and decide to opt for home isolation, can access tele-consultation from their Wellness Centre for which the present advisory is being issued.

Criteria for Home isolation of Mild/ asymptomatic COVID 19 cases

Home care can be provided to a COVID-19 patient if, advised as such by a doctor for a mild/ asymptomatic patient, by following the given instructions.

- i. The patient should not be suffering from any Co-morbid illness like Hypertension or any other cardiovascular disease, Diabetes, Chronic Asthma /COPD, Malignancy, Kidney diseases, Cerebro-vascular disease, on Immunosuppressant treatment etc.,
- ii. A caregiver should be available to provide care on 24 basis.
- iii. Patient / Caregiver must keep monitoring their health.
- iv. A communication link between the caregiver/patient and a healthcare facility is essential for the entire duration of home isolation.
- v. The family members of the patient shall observe isolation protocol strictly like wearing the face-mask all the time, the patient should have separate utensils & toilet facility for the duration of home isolation.
- vi. The children & elderly in the family shall not come in contact with the patient.

Role of CMOI / C of the CGHS Wellness Centre in Tele- Homecare of COVID 19 positive patients.

The CGHS Wellness Centers provide comprehensive medical care to the beneficiaries, and the COVID 19 is no exception. The fever clinics are already operational in the CGI-IS Wellness Centres (WC) and the

doctors and staff are engaged in fighting COVID 19 cases. Most people infected with the COVID-19 virus experience mild to moderate respiratory illness and recover without requiring special treatment. In view of this, the following guidelines are being issued for the CMOI/C in helping them to render the care through tele-consultation.

- i. The CMOI/C is the nodal officer for monitoring the tele-homecare to COVID-19 cases under his/her jurisdiction. He [She shall be personally responsible for the same.
- ii. The CMOI/C may designate any other Medical Officer of the WC, who would look after the work in his /her absence.
- iii. As soon as the call is received from a COVID 19 positive CGHS beneficiary; his/her particulars as shown in the chart at Annexure I will be entered in a register. Alternatively, the database may be maintained in the computer on excel sheet or MS word table. The patient may also be requested to maintain a similar chart at his end. The format of the chart can be shared with the patient by the CMO I/C through WhatsApp or email.
- iv. Through CGHS 0M No F.NO. 1-2/2020/CGHS/ADHQ/29 dated the 16th June 2020 CGHS patients who have been tested Covid-19 positive have been allowed to purchase one Pulse Oximeter per family as per the condition prescribed therein. CMOI/c or the designated MO will guide such beneficiaries for its use, through a video or on telephone call. The patient is also to be guided on recording of body temperature, urine output, respiratory rate, pulse rate and Oxygen Saturation as per pulse oximeter reading.
- v. The patient shall be guided to record all the parameters on the prescribed chart every morning, evening till he/she remains on home isolation and Tele-Homecare for COVID 19 illness.
- vi. It will be the duty of the CMOI/c or the designated Medical Officer to call such beneficiary on the registered mobile phone in the morning at a specified time and to fill up all the stipulated parameters in the chart.
- vii. The information in r/o the status of illness is to be shared by the CMOI/C on e-mail with the Additional Director of his/her zone or city on daily basis.
- viii. The CMOI/C shall advise the patients regarding use of paracetamol etc., for symptomatic treatment.
- ix. The patients are also to be sensitized for warning symptoms as enumerated below:
 - a. Difficulty in breathing, or shortness of breath observed while walking within the room
 - b. Inability to complete sentences without being short of breath
 - c. Persistent pain, heaviness or pressure in the chest
 - d. Mental confusion or inability to arouse
 - e. Having weakness or numbness in any arm, leg or face
 - f. Slurred speech or seizures
 - g. Bluish discoloration of lips/face.

Overall, the CMOI/C / designated MO will be guided by MOHFW, guidelines on home isolation referred above.

Role of Beneficiary / Patient

The beneficiaries are advised to observe the golden principles of preventing the disease by hand sanitization. wearing face cover/mask and social distancing- Apart from these golden principles the beneficiaries are expected to report early when sick and also report the matter whenever they come in contact with any known case of COVID 19 to their CGHS Wellness Centre. They are also advised to download Arogya Setu App and self-monitor their health status.

They are also advised to remain in regular contact with the CMOI/C of their Wellness Centre for any health assistance. In case a beneficiary is tested COVID 19 positive, he/she will report the matter to the CMO VC of the Wellness Centre who will take action as detailed above.

For availing Tele-Home Care, the CGHS beneficiaries are required to submit their consent, preferably through the consent form. However, in case of difficulties being faced in sending the form physically the consent can be given through WhatsApp/ email.

The patient/caregiver will fill up the chart daily as per the guidance received from the CMOI/C designated MO and share the parameters with CMOI/C over telephone. In majority of mild/ asymptomatic cases there may not be any need for hospitalization. In such cases, the guidance received from the CMOIC may be followed. However, the moment the patient notices any of the symptoms or exacerbation of the same (as indicated in the segment warning signs of this Advisory) will necessary contact the CMOI/C, who inturn would take appropriate action.

Selecting an Isolation Room

- i. Patient to be isolated in a separate clean room of the house with good ventilation.
- ii. Room probably should her is an attached toilet and washroom.
- iii. This room must not be shared by an other COVID - 19 negative person.
- iv. Patient must stay in this specific room and away from other family members or pets for the complete isolation duration.

● Instruction for caregiver

Family member or any other person taking care of COVID-19 patient shall become caregiver. he / she shall follow the guidelines given under.

● Mask hygiene

- i. The caregiver should wear a triple layer medical mask appropriately when in the came room with the ill person / asymptomatic covid case.
- ii. Front portion of the mask should not be touched or mask should be touched or handled during use.
- iii. If the mask get wet or dirty with secretions, it must be changed immediately. Discard the mask after used and perform and hygiene after disposal of the mask.

● Hand hygiene

- i. Hand hygiene must be ensured following contact with ill person or his immediate environment.
- ii. He / She should avoid touching own face, nose or mouth with unclean hands.
- iii. Hand hygiene should also be practiced before and after preparing food before eating, after using the toilet, and whenever hands look dirty.
- iv. Use soap and water for hand washing at least for 40 seconds.
- v. Alcohol-based hand rub can be used if hands are not visibly soiled.
- vi. After using soap and water, use of disposable paper towels to dry hands is desirable. If not available, use dedicated clean cloth towels and replace them when they become wet.

● Exposure to patient

- i. Avoid direct contact with body fluids of the patient, particularly oral or respiratory secretions. Use disposable gloves while handling the patient.
- ii. Perform hand hygiene before putting on and after removing gloves.

- **Exposure to the patient's environment**

- i. Avoid exposure to potentially contaminated items in his immediate environment (e.g. avoid sharing cigarettes, eating utensils, dishes, drinks, used towels or bed linen).
 - ii. Food must be provided to the patient in his/her room
 - iii. Utensils and dishes used by the patient should be cleaned with soap/detergent and water wearing gloves.
 - iv. The utensils and dishes may be re-used after thorough washing.
 - iv. Clean hands after taking off gloves or handling used items.
 - vi. Use triple layer medical mask and disposable gloves while cleaning or handling surfaces, clothing or linen used by the patient.
 - vii. Perform hand hygiene before and after removing gloves.
- The care giver will make sure that the patient follows the prescribed treatment.
 - The caregiver and all close contacts will self-monitor their health with daily temperature monitoring, Oxygen saturation and report promptly to CMO I/C of their CGHS Wellness Centre, if they develop any symptom suggestive of COVID-19 (fever/cough/ sore throat/ running nose/ difficulty in breathing)

Instructions for the patient

- **Mask hygiene**

- i. Patient should always use triple layer medical mask.
- ii. Discard mask after 24 hours of use or earlier if they become wet or visibly soiled.
- iii. Mask should be discarded only after disinfecting it with household bleach (prepared as per the manufacturer's instructions).

- **Hand hygiene**

- i. Hands must be washed often with soap and water for at least 40 seconds
- ii. Use an alcohol-based hand sanitizer with at least 60% alcohol, for cleaning hands when not visibly dirty
- iii. Hands must be cleaned after blowing nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food.

- **Cough etiquettes**

- i. Cover the mouth and nose with a tissue on coughing or sneezing.
- ii. Throw away used tissues in a lined trash can.
- iii. Immediately wash your hands with soap and water for at least 20 seconds.
- iv. If soap and water are not available, clean your hands with an alcoholbased hand sanitizer.

- **Important Precautions**

- i. Patient must stay in the identified room and away from other people in home, especially elderlies and those with co-morbid conditions like diabetes, hypertension, cardiovascular disease, renal disease, cancer etc.
- ii. Do not share personal items with other people.
- iii. Clean surfaces in the room that are touched often (tabletops, doorknobs, handles, etc.) with household bleach (prepared as per the manufacturer's instructions) or detergent.
- iv. The patient must strictly follow the physician's instructions and medication advice.
- v. Patient must take rest and drink lot of fluids to maintain adequate hydration
- vi. The patient will self-monitor his/her health with daily temperature monitoring and report promptly if develops any deterioration of symptom as detailed below.
- vii. All the generated disposable items like masks and gloves that are infected must be soaked in a disinfectant (like the house hold bleach) solution before discarding.



F.No. 1-60/2017 / CGHS / C & P / EHS From : Government of India Ministry of Health & Family Welfare Directorate General of CGHS Nirman Bhawan, New Delhi

Sub : Revision of time limit for submission of final claims for reimbursement of medical expenses under CGHS.

The undersigned is directed to refer to CGHS guidelines wherein the time limit for submission of final claims for reimbursement of medical expenses is 3 months. The matter has been examined in this Ministry and it has been decided to revise the time limit for submission of final claims for reimbursement of medical expenses to 6 months.

- 2) Henceforth, only the cases in which the bills are submitted after 6 months from the date of completion of medical treatment / discharge of the patient from the hospital are required to be taken up for condonation. The power of condonation of such delays and other terms and conditions would be same as enumerated in the O. M. No. S. 14025/8/99-MS dated 25.05.1999
- 3) This issues with the approval of the Competent Authority.

(Bimal Kumar), Deputy Secretary to the Govt. of India

□ □ □

BSNL

NO. F. No: BSNLCO - EB-U II (20) / 5/2020 / Dated : 6th May, 2020 From : BSNL CORPORATE OFFICE, Establishment Cell

Subject : Payment of leave encashment in respect of VRS-2019 optees whose Vigilance clearance is with held.

Sir,

I am directed to refer to the notification of BSNL Voluntary Retirement Scheme-2019 issued vide letter No. 1-1512019-PAT(BSNL) dated 04.11.2019 and to inform that this office has received some references with regard to withholding of amount of encashment of EL / HPL in respect of VRS-2019 optees whose Vigilance clearance is withheld.

2. The issue of payment of leave encashment, in cases where vigilance clearance is withheld, has been examined in consultation with EF branch of BSNL Corporate Office vis-d-vis the relevant provisions of the BSNL VRS-2019 and Rule 39 (3) CCS (Leave) rules. It is clarified that the competent authority for sanctioning the amount of encashment of EL / HPL is required to examine each case individually to find out whether withheld Ex-gratia and Gratuity will be insufficient for adjustment of the amount recoverable from the retired employee on conclusion of the disciplinary proceedings pending against him and thereby requiring adjustment of remaining amount from leave encashment. In other words, only in such cases where the amount recoverable exceeds the amount of gratuity and ex-gratia withheld, withholding of leave encashment will be necessitated.
3. The authorities competent to sanction encashment of EUHPL in respect of retired employees may, accordingly, review all cases where leave encashment has not been released on account of withholding of vigilance clearance in respect of retired employee. Such authority may also consult the concerned disciplinary authority, if need be, for ascertaining the amount likely to become recoverable from the retired employee on conclusion of disciplinary proceedings.
4. It may also be ensured that the cases for payment of pension in respect of VRS optees are sent to the concerned CCA. Further, it may also be ensured that provisional pension is paid to the retired employee(s) in accordance with the provisions of CCS (Pension) Rules, 1972 in respect of whom vigilance clearance has been with held. This is issued with the approval of competent authority.

Yours faithfully,, [Sanjeev Kumar] Asstt. General Manager (Estt.)

□ □ □

**No. 47-13 / TA - II / PDA / 2015 / Pt. Dated : 8.7.2019 Government of India Ministry of Communications
Department of Telecommunications, Ashoka Road, Sanchar Bhawan, New Delhi 110001**

Sub. : Submission of documents by SAMPANN beneficiaries regarding.

Consequent on the implementation of SAMPANN in 26 Telecom circles, the focus of the field offices now should be to educate, inform and enable the SAMPANN pensioners on the processes for submission of post retirement documents and declaration before the due dates. It has been decided that the Pr. CCAs / CCAs are to take up and closely monitor the submission of Life Certification etc. for the next two years as the continuation of payment through SAMPANN is critically dependent on this aspect, especially as the staggered submission of DLC / LC is being introduced in place of the earlier practice of submission in November.

The following actions are to be taken up by the Pr. CCAs / CCAs.

- 1) Periodic dissemination of information via SMS to the pensioner for any document due to be submitted two months before the last date of submission, followed by phone calls guiding pensioners about the processes for document submission and the locations where DLC / LC can be accessed / submitted. (Refer Annexures V to VIII)
- 2) Periodic workshop and awareness sessions for existing SAMPANN retirees and new retirees to update them on the latest changes in SAMPANN and to monitor their document submission.
- 3) Toll-Free Helplines, Contact / nodal Points for pensioners etc. are to be widely advertised displayed prominently at the office premises / relevant locations.
- 4) All Pr. CCA / CCA offices are to designate "Welfare Officer" who shall assist pensioners / family pensioners for submission of documents.

The standard operating procedure on document submission is attached for compliance in Enclosure II
The process of submission of DLC is explained in detail at Enclosure III

Strict compliance and monitoring is to be ensured by the O/o CGCA through periodic reports and reviews.
This has the approval of the Competent Authority.

**(Shankara Nand Mishra),
Director (DFU)**

■ **SOP for Document submission post retirement by SAMPANN Pensioners.**

1) **Schedule of Document submission**

1.1 First Pension : No additional document shall be required for discharge of first pension and so physical presence will not be required at that time.

1.2 Life Certificate : Every pensioner / family pensioner shall be required to get himself verified (Submission of Digital Life certificate or duly signed life certificate) once in 12 months or less, during any month of the year. If pensioner fails to get verified before 12 months from the date of last verification, the pension payment shall automatically be suspended. For example : If pensioner submits last life certificate on 5/4/2019, he is required to submit his next Life Certificate on or before 20/4/2019 (last day of bill processing). Non submission would mean his pension for April 2020 due on 30/4/2019 would be suspended until submission of life certificate. Upon submission of life certificate at a later date, his pension would resume and arrears due to stoppage will be paid.

- 1.3** In case pensioner opts for physical life certification, then life certificate in prescribed form shall be submitted by pensioner in CCA office by post / hand. In cases where physical life certificate is submitted by the pensioner, life certificate must be signed by authorities as mentioned in rule 343 of central treasury rules (CTR) and physical presence may be exempted. The format of declaration is attached in Annexure I.
- 1.4 Non remarriage certificate :** A declaration shall be obtained half-yearly from all recipients of family pension whose pension is terminable on their marriage or remarriage. However, in case of widow recipient of family pension, such declaration will be obtained only on the 1st occasion with an undertaking to report promptly to the PDA in the event of her remarriage (Annexure II) Son / Unmarried daughter (including widowed / divorced daughter) receiving family pension should furnish six monthly certificates in regard to his / her marital status. The format of declaration is attached at Annexure III.
- 1.5 Non Employment Certificate :** All Pensioners should furnish a certificate of non employment / re-employment once in a year in prescribed format. Retired Group "A" Government Servants are required to furnish half yearly declaration about acceptance / non acceptance of commercial employment within one year from the date of retirement and also about acceptance/ non-acceptance any employment under any government outside India. The format of declaration is attached at Annexure IV.

2) Action to be taken by CCA Office

- 2.1** Based on receipt of documents, the data shall be fed by concerned DH into the system. Also the received documents shall be properly filed in the Pensioner's file for audit purpose.
- 2.2** The LC / DLC report shall be used to prepare the list of pensioners who shall be required to submit their Life Certificate / FMA in the next 5 months. (Annexure V)
- 2.3** Since Non employment declaration is co-terminus with Life Certificate submission. No separate list shall be maintained except in case of Group A retirees who are required to furnish half yearly declaration about acceptance / non-acceptance of commercial employment within one year from the date of retirement and also about acceptance / non-acceptance of any employment under any government outside India.
- 2.4** List of pensioners who get re-employed after retirement shall be separately maintained in Annexure VI. While processing the monthly bills, it must be ensured that correct DA amount is paid to the pensioner in case pensioners get employed.
- 2.5** List of pensioners where Non-remarriage Certificate / Non-Marriage certificate shall be expiring in next 3 months shall be prepared and maintained as in Annexure VII.
- 2.6** Also, List of the documents - Life certificate, Non-employment certificate, Non-remarriage certificate, FMA and Income certificate - as applicable to a particular pensioner shall be recorded and communicated to the pensioner by the office.
- 2.7** In case of a pensioner, where DLC is submitted, the information as available regarding Non-employment and Non-remarriage / Non-marriage in DLC shall be updated in the system. It may be noted that DLC submission comes with default value of No Employment and No Remarriage. In case of retirees who have got employed they may submit a separate undertaking regarding the same and may send duly signed Life certificate.
- 28.** List of all cases where pension has been stopped due to non-submission of documentation shall be maintained in Annexure VIII.
- 29.** The Annexure V to VIII shall be updated on monthly basis it shall be monitored by officer no less than the rank of Deputy Secretary in Government of India on quarterly basis.

Digital Life Certificate or Physical Life Certificate

Pensioner will be required to submit the physical life certificate or digital life certificate within one year of last submission. In case of fresh retiree, 1st LC/DLC shall be submitted within one year of date of retirement.

Digital Life Certificate (DLC)

Digital life certificate can be generated at Banks/ Post Offices which have Jeevan Pramaan Facility. In addition, the Pensioners Service Centre at SSAs, Pensioners' Lounge at CCA Offices, banks and CSCs(Customer Service Centres) For submission of DLC, the pensioner requires to be physically present to generate Biometric verification, and provide the PPO/Mobile number/Aadhaar Number.

On successful verification, the certificate is generated, the Jeevan Pramaan ID is sent in a SMS to the pensioner for further use (print). The Digital Life Certificate or the Jeevan Pramaan will be electronically delivered to the Pension Disbursing Agencies and pensioner is not required to submit any physical copy in this case.

**From 01.07.2020 IDA for the BSNL Employees / Retirees
is decreased by 0.8% now total IDA will be 159.9%**

FORMAT OF PHYSICAL LIFE CERTIFICATE:

LIFE CERTIFICATE

(To be submitted by Pensioner once a year in November)

Certified that I have seen the pensioner

Shri/Smt _____

holder of Pension Payment OrderNo: _____ and
that he/she is alive on this date.

Signature of the pensioner: _____

Signature _____

Name : _____

Designation of the Authorized Officer: _____

(Seal)

Place : _____

Date : _____

No. 1 / Misc / Pen / Issue / BSNL / DDG (Accounts) 2019- Part 1 1407-1439 / Dated : 28.4.2020
Government of India Ministry of Communications Department of Telecommunications, Ashoka Road, Sanchar Bhawan, New Delhi 110001

The decision on freezing dearness relief for central government pensioners at current rates prior to 1.1.2020 vide Om dated 23.4.2020 has been taken, Instruction on similar lines has not been issued by DPE which shall be applicable to BSNL and MTNL pensioners drawing pensioner from Govt. of India in view of the current status it has been decided that :

- i) Pension for the month of April 2020 be disbursed at disbrsed at dearness relief @ 160.7% till further guideliness from DPF for pensioners retiring prior to 1.4.2020
- ii) For those reitiring in April 2020, teritement benefits (paid by CCAs) be paid at old Deanness relief as on 1.1.2020 till further guidelines from DPE.

S. N. Mishra, Director (DFU)

□ □ □

No. Misc / Pen / Issue / BSNL / DDg (Accounts) 20119 - Part - 1 / 1585-1615 Dated : 26.5.2020
Government of India Ministry of Communications Department of Telecommunications, Ashoka Road, Sanchar Bhawan, New Delhi 110001

Ref. : O. M. No. 1/ Misc / Pen / Issue / BSNL / DDG (Accounts) 2019 - Part - 1 / 1407-1439
dated 28.4.2020

Kindly refer to this office O. M. No. 1 / MiSc / Pen / Issue / BSNL / DDG (Accounts) 2019- Part - 1 / 1407-1439 dated 28.4.2020 on the subject of Industrial Dearness Relief for Central Government pensioners.

The matter has been reviewed and on account of no orders on freezing of IDA / IDR, it has been decided that in partial modification of previous order under reference all pension related benefits be released as per rate of Dearness Relief as per latest extant order from DPE i.e. @ 160.7%

(S. N. Mishra), Director (DFU)

□ □ □

No. BSNL CO - ADMN 1 / 15-12 / Dated : 10.6.2020 Corporate office, Admin & PR Branch 1st floor, Bharat Sanchar Bhawan, H.C. Mathur Lane, Janpath, New Delhi - 110001.

Sub. : Cut-off date for exercising one option for outdoor Medical Claim for BSNL Retired employees - Regirding

Ref. : This office letter of even no. Dated : 8.5.2020

Please refer this office letter under reference dated 8.5.2020 wherein certain modifications were issued in the outdoor medical claim to BSNL employees (working / retired).

As per this order, BSNL Retired employees have been given following three options for their outdoor medical claims.

- a) C. G. H. S.
- b) 15 days pay with vouchers (Basic Pay + D. A. on date of retirement)
- c) Without Vouchers flat Rs. 1000/- (one thousand) per month.

In this regard, it is clarified that the cut-off date for choosing any option out of the above three option has been decided as 30.6.2020. Retired employees may give their option to the concerned authority latest by 30th June 2020. All unit heads / Circles may ensure to call the options online as far as possible. This is issued with the approval of Competent Authority.

(Rajiv Kumar Sharma), Dy. General Manager (Admn.)

□ □ □

No. BSNL CO - ADMN / 12 (12) / 2020 ADMN Dated : 2.6.2020 Corporate office, PHA Section Admin brahch, Bharat Sanchar Bhavan, Janpteh, New Delhi 110001,

Sub. : Regarding allowing the outdoor claims with the latest prescription available which are not older than six months due to Covid - 19 lockdown.

In view of the ongoing Covid-19 pandemic and considering the difficulty being faced by the employees in getting the latest prescription for their other ongoing treatments due to lockdown, approval of the competent authority is hereby conveyed for allowing outdoor medical claims with latest prescriptions available which are not older than six months. Outdoor treatment claims with vouchers may be settled accordingly.

This is issued with the approval of the competent authority.

(Rajeev Kumar Sharma, Dy. General Manager (Admn.)

□ □ □

No. BSNL Admin /1/15/-12 Dated : 19.6.2020 From : Corporate office, Admin & PR Branch, 1st Floor, Bharat Sanchar Bhawan, H. C. Mathur Lane, Janpath, New Delhi - 110001

Sub. : Outdoor Medical Claim for BSNL Retired employees - Clarification Regarding.

Ref. : 1) This Office letter No. BSNL / Admn. 1 / 15-12/18 dated 9.5.2020 2) This office letter No. BSNL / Admn. 1/15-12 dated 10.6.2020

This office issued certain modifications regarding Outdoor Medical Reimbursement to BSNL exemployees (Serving / Retired) vide this office letter dated 8.5.2020. Subsequently, the cut of date available to retired BSNL Employees for choosing the options was issued vide this office letter dated 10.5.2020.

Following clarifications are hereby issued for retired employees.

- 1) There shall be no cut-off date for switching over to CGHS i.e. retired employee may opt for CGHS Facility at any time.
- 2) All retired employees need not to give the option. Option is to be exercised by the retired employee only if he wished to change the mode of reimbursement from with voucher to without voucher.
- 3) If Retired Employee does not give any option the mode of reimbursement of his medical bills shall be with voucher.
- 4) The option may be exercised once in a year. Due to covid 19 pandemic, the cut-off date for exercising the option is extended up to 30.9.2020 for this FY 2020-21. No. further extension shall be give. So the interested retired employees may exercise their option latest by 30.9.2020.
- 5) For subsequent years, the option may be exercised up to the end of 1st quarter i.e. by 30th June every year.

This is issued with the approval of Competent Authority.

(Rajiv Kumar Sharma) Dy. General Manager (Admn.)

□ □ □

No. BSNL Co. EB-I /11/ (20)/5/2020 ESTAB Dated : 11.6.2020 From : Bharat Sanchar Nigam Limited, Corporate office, Establishment Cell, Bharat Sanchar Cell Bharat Sanchar Bhawan H. C. Mathur Lane, New delhi.

Sub. : Immediate sending of pending pension cases to CCAs for generation of PPOs in respect of the employees retired volunarily under BSNL VRS - 2019

Sir, I am directed to refer to the above cited subject and to inform that still large numbers of pension cases are pending where PPO as not been generated A status report as on 09.06.2020 as received from DoT is enclosed herewith for reference. DOT as well as BSNL Management has viewed it very seriously.

- 2) It has further been informed by DoT that some circles have large number of pending pension cases which have not been received by them so far e.g.
(i) Maharashtra - 4529 cases, (ii) Telangane - 600 cases, (iii) Tamil Nadu - 350 cases,
(iv) Odisha - 150 cases (v) West Bengal - 150 cases, (vi) NE-II - 100 + cases,
(vi) MP - 70 cases, (viii) Bihar - 48 cases etc.
- 3) It is, therefore, requested that the sending of pending pension cases to respective CCAs offices may be expedited and the cases already sent may be pursued for early generation of PPOs.

Yours faithfully,

(Moirangthem Manitombi Devi), Deputy General Manager (Estt.I)

□ □ □

No. BSNL Admin /2020 / Medical Dated : 29.6.2020 From : Corporate office, Admin & PR Branch, 1st Floor, Bharat Sanchar Bhawan, H. C. Mathur Lane, Janpath, New Delhi - 110001

Sub. : Extension of Revalidation of BSNL MRS Card for BSNL Retired employees.

Ref. : This Office Letter No. BSNL / Admn. / 2020 / Medical dated 4.5.2020

This office has issued letter regarding Extension of Revalidation of BSNL MRS Card for BSNL Retired employees till 30.6.2020 vide this letter dated 4.5.2020. Requests have been received from Union Association to further extend the revalidation of BSNL MRS Card for BSNL retired employees on Pan India basis till 30.9.2020 in view of current Covid - 19 situation.

In this regard, it has been decided with the approval of competent authority to extend the validity of BSNL MRs Card o 'BSNL Retired employees up to 30.9.2020 or till further order. All Circles are requested to take necessary action and extend the validity up to 30.9.2020 or till further order.

This is issued with the approval of Competent Authority.

(Rajiv Kumar Sharma) Dy. General Manager (Admn.)

□ □ □

Correspondance

No BPS/SG/Protest/DR/ 1 Dated 29.04.2020 From Secretary General, Bharat Pensioners Samaj addressed To, MOS (PP),PMO India ,The Cabinet Secretary Government of India, The Secretary, Ministry og Finance –DOE ,The Secretary (Pension) M/O Personnel, PG & Pensions

Sub: Protest against freezing of Dearness Allowance to Central Government Employees and Dearness Relief to Central Government Pensioners.

Ref: Department of Expenditure OM No.1/ 1/2020E-II(B),Dt: 23/04/2020

Sir, While drawing your kind attention to Calcutta High Court Judgement dated 31/08/2018 in W.P.S.T. No 45 of 2017 Wherein the honorable court ruled that DA is a right & cannot be curtailed or withdrawn by the government and

2. Kerala High court stay order dated 28.4.2020 against salary cut by the Govt. of Kerala . Bharat Pensioners Samaj, reiterates its stand in support of N-JCM Protest against freezing of Dearness Allowance to Central Government Employees and Dearness Relief to Central Government Pensioners vide their No.NC-JCM-2020/CS/PM April 23, 2020 (copy enclosed) and requests you to revisit DOE OM No.1/ 1/2020-E-II(B), Dt: 23/04/2020

**Thanking you
(S. C. Maheshwari)**

□ □ □

NO BPS/SG/DR/2 Dated 19.05.2020 addressed to The Honourable Minister for Finance. Government of India The MOS (PP), PMO India (For the Kind attention of Ms N. Sitharaman & Dr. Jitendra Singh)

Sub : Request for extending benefit of economic Package/Relief to Central Government employees and pensioners by releasing DA/ DR due from 01/ 01/2020.

Ref : No BPS/SG/Protest/DR/1 Dated 29.04.2020

Respected Madam/Sir,

This Federation vide letter referred above represented to reconsider the decision taken by the Government to freeze the additional DA/DR due to the Central Government Employees and Pensioners w.e.f. 01/01/2020. We once again bring to your notice that when the entire country is in COVID-19 lockdown, it is the major chunk of the Central Govt. Employees of all disciplines and departments who are working to fight against the spread of the COVID-19 Virus and that defeating old age pensioners too have been doing their bit through generous voluntary donations in cash and kind as well as by feeding the needy. You will appreciate that unmindful of their own safety

they are all working for the benefit of fellow citizens. When the honourable Prime Minister announced a special economic package of Rs.20 Lakh Crore, the Central Government Employees and Pensioners were anxiously waiting for the announcement from the Hon'ble Finance Minister with the hope that being the major chunk of taxpaying middle class the Central Govt. Employees & Pensioners also will be given some relief in the economic package by releasing the additional DA/DR due to them, which was already approved by the Cabinet during March 2020. Madam/Sir, to our dismay in all the economic relief measures announced. In spite of their unmatched services to the Nation in this hour of human sufferings, this section of middle class has been ignored. Release of DA/DR instalment due to them from 01/01/2020 would have given them little relief in this phase of unprecedented price rise of essential items & would have boosted their morale to work still harder.

Bharat Pensioners Samaj once again humbly request you to revisit the issue to announce much needed relief by releasing DA/DR instalment which was already approved by the Cabinet.

Thanking you, With regards

Truly yours,

S C Maheshwari, Secretary General, Bharat Pensioners Samaj

□ □ □

NO. AICGPA/BSNL-MRS/ 2, Dated 29th May, 2020 From : H. F. Chaudhari, Addressed To, Shri P. K. Purwar, CMD. BSNL, Bharat Sanchar Bawan, Janpath, New Delhi-110001.

Subject : Procedure for Outdoor Medical Claim for BSNL Employees/Retired Employees.

Reference: BSNL Corporate Office No. BSNL/Admn.I/15-12/18 Dated 08.05.2020

Respected Sir,

All India Central Government Pensioners Association Hq. Pune is the oldest (formed in October, 1947) and one of the 27 identified Pensioner's Associations by the DOP&PW, New Delhi. Most of BSNL pensioners form North Karnataka, Maharashtra and M.P are the members of our Association.

The Corporate Office order cited above, prescribed the following ceilings for reimbursement of the outdoor medical expenses to retired employees.

b) Reimbursement With Voucher: 15 days pay (Basic Pay + DA on the date of retirement)

Pre-2007 retirees are aged 73 years plus. In fact they require to spend more money on the medical expenses on account of increased Consultation fee, Lab Charges and cost of Medicines. Whereas, they will be getting meagre amount worked out on the basis of Basic pay and DA prevailing at the time of their retirement.

These Pensioners have suggested that they should get the mount matching with the Post 2007 retirees.

Secondly, Post-2007 retired employees were allowed 25days Basic pay at the time of retirement plus DA applicable on 1st Day of the Financial year. This is changed now to 15days Basic Pay + DA on the date of retirement.

c) Reimbursement Without Voucher: Rs. 1000/- per month.

Retired employees select the option of Without voucher as the process of submission of the claim, processing and final credit of the amount spent is not hassle free. Due to the health issues at this age, retired employee spent on an average Rs. 2000/- to Rs. 3000/-pm for treatment of himself and spouse.

In view of the above we request your honour to reconsider the ceilings prescribed in you order dt. 08.05.2020 and also to arrange the required funds to clear Medical bills/Medical allowance which are not paid for earlier years.

Thanking you, With regards!

Your's Faithfully,

H. F. Chaudhari, General Secretary

□ □ □

NO. AICGPA/BSNLPensioners/ 3 Dated 16th June, 2020 From : H. F. Chaudhari, General Secretary To, Shri Anshu Prakash, Secretary, DOT, Room No. 210, Sanchar Bhawan.

Subject : Anomaly in fixation of pension to DoT employees absorbed in BSNL, who retired between 1.10.2000 and 30.6.2001.

Respected Sir,

We wish to bring into your notice about the Anomaly in fixation of pension to DoT employees absorbed in BSNL, who retired between 1.10.2000 and 31.7.2001. AICGPA, HQ. Pune is one of the identified Pensioners Association by Department of Pension & Pensioner's Welfare and also SCOVA member. We raised the issue of this Anomaly, in SCOVA meetings long back. The issue is still pending as per the Minutes of 31st SCOVA meeting held on 05.09.2019 (refer item No. 4.(iv) of the SCOVA Meeting issued by DOP&PW).

The pensioners affected with this anomaly in the fixation of pension are aged more than 78 years. They are waiting for the justice since long.

Now in this case, Honorable HIGH COURT NEW DELHI has delivered the decision on 24th January, 2020 in W.P.(C) 10019 / 2017 and ordered as follows..

'For all of the aforementioned reasons, the petitions are dismissed. The interim order stands vacated. The time for implementation of the impugned order of the CAT is extended by a period of eight weeks from today. The pending application is also disposed of. ' The judgement was delivered on 24th January, 2020. Eight weeks are completed on 20th March, 2020. The affected pensioners are enquiring daily about the long waiting order from Department of Telecom.

We request your honor to arrange to issue the order so that these aged persons will get the justice and receive the due pension during their life time.

A line in reply is solicited.

Thanking you, With regards!

Your's Sincerely, H. F. Chaudhari, General secretary,

Copy to : Joint Secretary, Department of Pension & Pensioners Welfare, 3rd Floor, Lok Nayak Bhawan Khan Market, New Delhi-110003 for perusal please.

□ □ □

NO. AICGPA/BSNL-MRS/ 4 Dated 18th June, 2020. From : H. F. Chaudhari, General Secretary. Addressed to Shri Manoj Kumar Mishra, Chief General Manager, BSNL, Maharashtra Circle, Mumbai.

Subject : Extension of Validity Of BSNLMRS Cards in respect of Retired BSNL Employees

In view of spread of Covid-19 pandemic.

Respected Sir,

All India Central Government Pensioners Association Hq. Pune is the oldest (formed in October, 1947) and one of the 27 identified Pensioner's Associations by the DOP&PW, New Delhi. Most of BSNL pensioners form North Karnataka, Maharashtra and M.P are the members of our Association.

As per the earlier instructions , the Validity of existing BSNLMRS cards in respect of Retired BSNL Employees was extended up to 30.06.2020.

The spread of Covid-19 pandemic is expanding day by day in Maharashtra. As per the Guidelines issued by Govt. Of India, Ministry Of Social Justice and Empowerment, Senior citizens above the age of 60 years face an increased risk in Covid-19 times. They are advised to stay within the house as far as possible.

In view of the above, it is necessary to extend the date of validity of the existing BSNLMRS cards, whose validity was extended earlier up to 30th June, 2020. BSNL, Kerala Circle has already extended the validity up to 30th September, 2020 vide their office letter dated 09.06.2020.

Sir, We therefore request you, to consider the Extension of Validity Of BSNLMRS Cards in respect of Retired BSNL Employees. Stay Safe.

Thanking you, With Regards!

**Your's Sincerely,
H. F. Chaudhari, General Secretary**

□ □ □

Donation - For Jan 2020 to March 2020

1)	S. U. Kurtkoti	1500/-	5)	G. S. Deshpande Digras	500/-
2)	M. K. Jahagirdar	500/-	6)	U. S. Shastrakar	500/-
3)	C. Nityanathan	5000/-	7)	S. U. Kurtkoti	2800/-
4)	Y. A. Deshpande	1000/-	8)	K. D. Sane Aurangabad	700/-

Remittance From Branches Jan. 2020 to March 2020

No.	Branch	Amount	No.	Branch	Amount
1.	Digras	2100/-	15.	Pusad	600/-
2.	Belgavi	13230/-	16.	Pusad	1000/-
3.	Akola	3500/-	17.	Malvan	3600/-
4.	Kolhapur	3300/-	18.	Wardha	900/-
5.	Katol	1000/-	19.	Kolhapur	500/-
6.	NER Narsopant	200/-	20.	Pusad	50/-
7.	Dharwad	1600/-	21.	Vijapur	900/-
8.	Malvan	3200/-	22.	Malvan	2700/-
9.	Vasai	2700/-	23.	Karad	3500/-
10.	Kalyan	2610/-	24.	Gondia	1100/-
11.	Digras	950/-	25.	Pune	76581/-
12.	Thane	1000/-	26.	Details Required	73627/-
13.	Aurangabad	1000/-	27.	Details Required	13276/-
14.	Pusad	900/-	28.	Panaji Goa	3700/-

OBITUARY

1.	P. P. Gaikawd	Pusad	03.01.2020
2.	Anil Shamrao Sathe	Sr. Scientist, IITM	06.01.2020
3.	Satish B. Babhale	BSNL, Pune	21.01.2020
4.	R. R. Kolekar	Postal, Pune	30.01.2020
5.	P. R. Kulkarni	Postal, Pune	11.02.2020
6.	Smt. Jashinta E. Falcov	Vasai	11.02.2020
7.	Baldev Singh	Vasai	25.02.2020
8.	M.N. Rangdal	President, Beed	16.02.2020
9.	Shriram P. Barve Anna	DOT, Chiplun	02.03.2020
10.	Laxman Pandurang Raut	Vasai	04.03.2020
11.	S. R. Shevarkar	Postal, Chiplun	06.03.2020
12.	N. J. Lambe	Posatl, Dharwad	09.03.2020
13.	S. P. Kinhikar	Exe. Member, Nandurbar	10.03.2020
14.	Ashok H. Badhe	Vice President, Jalgaon	07.04.2020
15.	Shivaji Keshav Borkar	Postal, Chinchwad	16.04.2020
16.	J. B. Bansode	DE (Retd), Sangli	20.04.2020
17.	Chandrakant Jagtap	Secy, Ichalkaranji	22.03.2020.
18.	Laxman Jagtap, Nana	Leader, Chalisgaon	24.04.2020
19.	A. B. Ketkar	Founder, Ratnagiri	21.05.2020
20.	S. V. Joshi	BSNL, Pune	06.06.2020
21.	S. S. Phadake	Ratnagiri	09.06.2020
22.	G. T. Gohad	Postal, Pune	17.06.2020
23.	Kalidas Dattatray Prabhune	Postal, Pune	18.06.2020

FORM 1 - A

Form of Application for Communication of a Percentage of Superannuation Pension without Medical Examination if not Applied for in form 5 of Central Civil Services (pension) Rules, 1972

[see Rules 5 (2), 12, 13 (3), (3A), (3B), 14(1) and 15 (3)]

(To be submitted in duplicate at least three months before the date of retirement)

Part I

To

The _____

(Here indicate the designation and full address of the Head of Office)

Subject : Commutation of pension without medical examination.

Sir,

I desire to commute a percentage of my pension as indicated below in accordance with the provisions of the Central Civil Services (Commutation of Pension) Rules, 1981. The necessary particulars are furnished below.

- | | | | |
|---|-------|-------|-------|
| 1) Name (in Block Letters) | _____ | _____ | _____ |
| 2) Father's / husband's name | _____ | _____ | _____ |
| 3) Designation at the time of retirement | _____ | _____ | _____ |
| 4) Name of Office / Department / Ministry
in which employed | _____ | _____ | _____ |
| 5) Date of birth (by Christian era) | _____ | _____ | _____ |
| 6) Date of retirement | _____ | _____ | _____ |
| 7) Class of pension on which retired | _____ | _____ | _____ |
| 8) Percentage of monthly pension proposed to be
commuted
(indicate percentage, equal to or less than 40%) | _____ | _____ | _____ |
| 9) Details of Bank account to which monthly
pension shall be credited | _____ | _____ | _____ |
| i) Name of Bank and Branch | | | |
| ii) Account No. | | | |
| iii) IFSC Code | | | |

Place :

Signature

Date :

Postal Address

Part II

Acknowledgement

Received from Shri (name) (designation), application in part I of Form 1 - A for the communication of a percentage of pension without medical examination.

Place ; Signature

Date : Postal Address

Note : If the application has been received by the Head of Office at least 3 months before the date of retirement on superannuation, this acknowledgement should be detached from the form and handed over to the applicant. If the form has been received by post, it has to be acknowledged on the same day and the acknowledgement sent under registered cover to the applicant. In case it is received after the specified date, it should be accepted only if it has been put into the post on or before that date subject to the production of evidence to that effect by the applicant.

Part III

Forwarded to the Accounts Officer (here indicate the address and designation) with the remarks that -

- i) The particulars furnished by the applicant in Part I have been verified and are correct ;
 - ii) The applicant is eligible to get a percentage of his pension commuted without medical examination;
 - iii) Amount of pension authorised. [In case final amount of pension has not been authorised, indicate the amount of provisional pension sanctioned under Rule 64 of the Central Civil Services (Pension) Rule 64 of the Central Civil Services (Pension) Rules, 1972]
 - iv) The commuted value of pension determined with reference to the Table applicable at present comes to Rs,
 - v) The amount of residuary pension after commutation will be Rs.
- 2) The pension papers of the applicant completed in all respects were forwarded under this Ministry / Department / Officer Letter No. dated It is requested that the payment of commuted value of pension may be authorised through the Pension Payment Order which may be issued at least one month before the retirement of the applicant.
- 3) The receipt of Part I of the Form has been acknowledged in Part II which has been forwarded separately to the applicant on

Place : Signature

Date : Head of Office

मराठी विभाग

केंद्र सरकारच्या सेवा निवृत्तांना निवृत्ती वेतन / कौटुंबिक निवृत्ती वेतन सुरळीत मिळण्यासाठी बँकांना आदेश

पेंशन खात्यातर्फे क्रमांक १२/४/२०२० P&PW (C)-६३०० दि. १५.०५.२०२० या आदेशान्वये निवृत्तीधारक व कौटुंबिक निवृत्तीधारकाला त्यांचे पेंशन सुरळीत मिळण्यासाठी पेंशन वाटप करणाऱ्या बँक अधिकाऱ्यांना आतापर्यंत वेळोवेळी दिलेल्या आदेशानुसार एकत्रित सूचना देण्यात आल्या आहेत.

- १) पेंशनसेवानिवृत्त झाल्यानंतर पहिले निवृत्ती वेतन जमा करण्यासाठी निवृत्ती वेतन धारकाला बँकेच्या शाखेत उपस्थित राहण्याबाबत - निवृत्ती वेतन धारकाला पहिले निवृत्ती वेतन जमा होण्यासाठी आता स्वतः बँकेच्या शाखेत उपस्थित राहण्याची गरज नाही. पेंशन खात्यात वाजवीपेक्षा जास्त पैसे जमा झाले तर, ते परत करण्यासंबंधीचे हमीपत्र निवृत्ती वेतन धारका कडून घेतलेले असते. ते हमीपत्र पीपीओ सोबत CPPC ला पाठविले जाते. त्यामुळे बँक निवृत्ती वेतन धारकाला निवृत्ती वेतन खाते सुरु करण्यासाठी बँकेत उपस्थित राहण्याचा आग्रह करणार नाही. (DoPP'S OM NO.1/27/2011- P PW dt. 07 May 2014)
- २) कौटुंबिक निवृत्ती धारकाने फॉर्म १४ भरून देण्याबाबत -निवृत्ती वेतन धारकाने जर आपल्या जोडीदारासोबत जाईन्ट अकाऊंट काढले असेल व पीपीओ मध्ये त्या व्यक्तीला कौटुंबिक निवृत्ती देण्यासाठी अधिकृत नोंद असेल तर निवृत्ती धारकाच्या निधनानंतर, त्याच्या /तिच्या जोडीदाराला फॉर्म १४ भरून देण्याची आवश्यकता नाही. जर त्यांचे दोघांचे एकत्रित खाते काढले व त्या व्यक्तीच्या अधिकृतपणे तपशील जर उपलब्ध असेल तर. अशा प्रकरणात कौटुंबिक निवृत्त वेतन सुरु करण्यासाठी जोडीदाराने फक्त साध्या अर्जासोबत निवृत्त धारकाच्या मृत्यु पत्राची प्रत निवृत्ती वेतन वाटप करणाऱ्या बँकेच्या शाखेत जमा करावी. निवृत्ती वेतन वाटप करणाऱ्या बँकेने कौटुंबिक निवृत्ती वेतनधारकाची ओळख त्यांच्याकडे असलेल्या पीपीओवरील माहिती व केवायसीचे आधारावर ओळख पडताळून घ्यावी. (DoPPW's Om NO. 1/27/2011-PPW dt. 20 th september 2013)
- ३) जोडीदारास कौटुंबिक वेतन निवृत्ती मिळण्यासाठी वेगळे बँक खाते उघडण्याबाबत - जर पीपीओ मध्ये कौटुंबिक निवृत्ती देण्यासाठी जोडीदाराच्या नावाने नोंद असेल व निवृत्ती वेतन धारकानेच जोडीदारासोबत जाईन्ट अकाऊंट काढले असेल तर बँक जोडीदारास कौटुंबिक निवृत्तीवेतन सुरु करण्यासाठी वेगळे बँक खाते उघडण्यास आग्रह करू शकत नाही. (RBI circular -Disbursement of Government Pension by Agency Bank dt. September 9,2019)
- ४) निवृत्त झाल्यानंतर व्यापार व्यवसाय किंवा नोकरी (Commercial Employment) करण्यासाठी जाहीरनामा सादर करण्याबाबत - जे निवृत्ति धारक प्रथम श्रेणीमधील सरकारी सेवेमधून निवृत्त झाले आहेत त्यांनीच हा जाहीरनामा देणे गरजेचे आहे. हा जाहीरनामा फक्त निवृत्ति नंतरच्या पहिल्या वर्षीच द्यावयाचा आहे. निवृत्ति धारकाने जर निवृत्ति झाल्या पासून एक वर्षाच्या आत शासनाची परवानगी न घेता, व्यावसायिक रोजगार स्विकारला असेल, तर निवृत्ति वेतन वाटप करणाऱ्या बँकेच्या शाखेने त्या व्यक्तीचे पुढचे निवृत्ति वेतन जमा करण्याचे आधी CPO मार्फत सरकारची परवानगीबाबत आदेश घेतला पाहिजे. निवृत्ति वेतन धारकाने शासनाची परवानगी घेऊन निवृत्ति पासून एक वर्षाच्या आत जर व्यावसायिक रोजगार स्विकारला असेल, तर निवृत्ति वेतन वाटप करणाऱ्या बँकेच्या शाखेने त्याचे /तिचे निवृत्ति वेतन सुरु ठेवावे. (Rule 10 of CCS Pension Rules 1972)
- ५) पुनर्नियुक्तीचे (Re-employment) प्रमाणपत्र सादर करण्याबाबत -निवृत्ति वेतन धारकाने पुनर्नियुक्तीचा जाहीरनामा दरवर्षी, नोव्हेंबर महिन्यात सादर करणे आवश्यक आहे. जर निवृत्ति वेतन धारकाने केंद्र सरकार किंवा राज्य सरकार किंवा महानगरपालिका/ सरकारी कंपनी /मंडळ (body)/ बँकेत पुनर्नियुक्ती झाल्याचे जाहीर केले तर बँकेने त्या पुनर्नियुक्तीच्या काळात पेंशन वर महागाई भत्ता जमा करू नये. जर निवृत्त वेतन धारकाचा पुनर्नियुक्तीचा पगार निश्चित करतेवेळी संबंधित कायदे / आदेशानुसार निवृत्ति वेतन लक्षात घेतले गेले नसेल तर तो/ ती महागाई भत्यासकट निवृत्ति वेतन घेण्यासाठी पात्र ठरेल. जर निवृत्ति वेतन धारकाने आवश्यक जाहीरनामा पत्र नोव्हेंबर महिन्यात सादर केलेच नाही, तर महागाई भत्ता मिळणार नाही व बँक महागाई भत्ता वगळून त्याचे निवृत्ति वेतन जमा करेल. जोडीदाराच्या रोजगाराचा / पुनर्नियुक्तीचा त्याच्या / तिच्या कौटुंबिक निवृत्ति वेतनावर काहीच परिणाम होत नाही. कौटुंबिक निवृत्ति वेतनाबरोबर महागाई भत्ता सुद्धा जमा केला जातो. (Rule 55 CCS pension Rules 1972).
- ६) ना-मिळकत दाखला सादर करण्याबाबत- कौटुंबिक निवृत्ति वेतन धारकास (जोडीदार सोडून) दर वर्षी नोव्हेंबर मध्ये ना-मिळकत दाखला सादर करणे आवश्यक आहे. पेंशन कायद्या अंतर्गत जोडीदारानंतर मृत पेंशनराच्या मुलगा ,मुलगी , अपंग

भावंडे, त्यानंतर आई वडील यांना जोपर्यंत तो/ती उपजीविकेसाठी कमवत नाही तोपर्यंत कौटुंबिक निवृत्ति वेतन देण्यात येते. परंतु जोडीदारास कौटुंबिक निवृत्ति वेतन मिळण्यासाठी असा दाखल देण्याची आवश्यकता नाही. (Rule 54 (6) of CCS (PENSION) Rules 1972)

- ७) विवाह न केल्याचा दाखला सादर करण्याबाबत -पेंशनरांचा जोडीदार सोडून इतर कौटुंबिक निवृत्ति वेतन धारकाने विवाह अथवा पुनर्विवाह न केल्याचा दाखला प्रत्येक सहा महिन्याला देणे आवश्यक आहे. जर त्याने/तिने विवाह अथवा पुनर्विवाह केला असेल तर कौटुंबिक निवृत्ति वेतन बंद होते. जर कौटुंबिक निवृत्ति वेतन धारक हा/ही जोडीदार (spouce) असेल तर त्याने/तिने हा दाखला देण्याची जरूर नाही. कौटुंबिक निवृत्ति वेतन सुरु होतानाच त्याच्या /तिच्या कडून हमी पत्र घेतले जाते की जर त्याने/ तिने पुनर्विवाह केला तर तो/ती ही बाब निवृत्तिवेतन जमा करणाऱ्या बँकेला ताबडतोब निदर्शनास आणून देईल. मृत सरकारी कर्मचाऱ्यांची निपुत्रिक विधवा आणि सरकारी कर्मचाऱ्याच्या / कौटुंबिक निवृत्ति वेतन धारकाच्या अपंग अपत्याला जरी त्याने/ तिने विवाह किंवा पुनर्विवाह केला तरी कौटुंबिक निवृत्ति वेतन चालू राहील. (Rule 54 (6) CCS Pension Rules 1972).
- ८) जीवन प्रमाणपत्र सादर करण्याबाबत - प्रत्येक निवृत्ति वेतन /कौटुंबिक निवृत्ति वेतन धारकाला दरवर्षी नोव्हेंबर महिन्यात जीवन प्रमाणपत्र सादर करणे आवश्यक आहे. निवृत्ति वेतन जमा करणाऱ्या बँका सुद्धा आधार कार्डावर आधारित डीजीटल (digital) जीवन प्रमाण स्वीकारतात. ८० वर्षे व त्यावरील वयोवृद्ध निवृत्ति वेतन धारकांना आक्टोंबर महिन्यात सुद्धा जीवन प्रमाणपत्र देता येते. (D/o Pension Pensioners Welfare's Om No. 1/20/2018 P PW(E) Dated 18.07.2019).
- ९) अंपंगत्व प्रमाणपत्र सादर करण्याबाबत -जर अंपंग अपत्याला कौटुंबिक निवृत्ति वेतन मिळत असेल व हे अंपंगत्व तात्पुरते असेल तर त्या दिव्यांग अपत्याच्या पालकाला दर पाच वर्षांनी एकदा तो / ती अजूनही या अंपंगत्वाने त्रस्त आहे, अशा आशयाचे अंपंगत्व प्रमाणपत्र सादर करणे आवश्यक आहे. जर हे अंपंगत्व कायमस्वरूपी असेल तर नवीन प्रमाणपत्र देण्याची आवश्यकता नाही. अंपंग अपत्याला सुद्धा दर वर्षी तो/ती अजूनही काही कमवत नसल्याचे प्रमाणपत्र सादर करणे आवश्यक आहे. (Rule 54 (6) CCS Pension Rule 1972)
- १०) मूळ निवृत्ति वेतनातून कॉम्प्युटेड केलेल्या पेन्शनचे रिस्टोरीशन - मूळ निवृत्ति वेतनातून कॉम्प्युटेड केलेल्या पेन्शनचे बँकेने १५ वर्ष पूर्ण झाल्यानंतर आपणहून रिस्टोरीशन केले पाहिजे. त्यासाठी निवृत्ति वेतन धारकाकडून कोणत्याही प्रकारचा अर्ज मागण्याची आवश्यकता नाही. जर PPO मध्ये कॉम्प्युटेड केलेल्या पेन्शनचे रिस्टोरीशन करण्याची तारीख सहजगत्या उपलब्ध नसेल तर त्या बाबतीत बँकेने रिस्टोरीशन करण्यापूर्वी पेन्शन पेमेन्ट ऑर्डर (PPO) जारी करणाऱ्या लेखाधिकारी कार्यालयाकडून माहिती घ्यावी. मूळ निवृत्ति वेतनातून कॉम्प्युटेड केलेले पेन्शन, कौटुंबिक निवृत्ति वेतनातून कमी करता येत नाही. (Rule 10 CCS (Communication Of Pension) Rules 1981.
- ११) वयाची ८० वर्षे पूर्ण झाल्यानंतर अतिरिक्त निवृत्ति वेतन देण्याबाबत - वयाची ८० वर्षे व त्यावरील वयोवृद्ध पेन्शनर्सना निवृत्ति वेतन/कौटुंबिक निवृत्ति वेतनाचा काही ठराविक भाग अतिरिक्त पेन्शन म्हणून दिले जाईल. ज्या महिन्यात निवृत्ति वेतन धारक/ कौटुंबिक निवृत्ति वेतन धारक वयाची ८० व त्यावरील वर्षे पूर्ण करेल त्या महिन्याच्या पहिल्या दिवसापासून अतिरिक्त निवृत्ति वेतन दिले जाते. उदाहरणार्थ: निवृत्ति वेतन धारक/कौटुंबिक निवृत्ति वेतन धारकाने ऑगस्ट २०२० मध्ये वयाची ८० वर्षे पूर्ण केले तर ऑगस्ट २०२० महिन्याच्या पहिल्या दिवसापासून अतिरिक्त निवृत्ति वेतन/ कौटुंबिक निवृत्ति वेतन दिले जाईल. त्यासाठी बँकेने कोणत्याही प्रकारचा विनंती अर्ज निवृत्ति वेतन धारक/ कौटुंबिक निवृत्ति धारकाकडून मागण्याची गरज नाही. अतिरिक्त निवृत्ति वेतन / कौटुंबिक निवृत्ति वेतन खालील दराने दिले जाते

पेंशनराचे वय	अतिरिक्त पेन्शन
८० वर्षापासून ८४ वर्षापर्यंत	मूळ पेन्शनच्या २०%
८५ वर्षापासून ८९ वर्षापर्यंत	मूळ पेन्शनच्या ३०%
९० वर्षापासून ९४ वर्षापर्यंत	मूळ पेन्शनच्या ४०%
९५ वर्षापासून ९९ वर्षापर्यंत	मूळ पेन्शनच्या ५०%
१०० वर्षे पूर्ण केल्यानंतर	मूळ पेन्शनच्या १००%

(DOPPW OM No. 38/37/08 P & PW (A) Dated 2nd September, 3rd October 2008)

१२) निवृत्ति वेतन धारकाच्या घरी जाऊन जीवन प्रमाणपत्र घेण्याबाबत -निवृत्ति वेतन वाटप करणाऱ्या बँकेनी दरवर्षी २४ ऑक्टोबर १ नोव्हेंबर, १५ नोव्हेंबर आणि २५ नोव्हेंबर तारखेला निवृत्ति वेतन धारकांना ३० नोव्हेंबरच्या आत वार्षिक जीवन प्रमाणपत्र देण्याची SMS/Emails पाठवून आठवण करून द्यावी. त्यानंतर बँकेनी दर वर्षी १ डिसेंबरला ज्या निवृत्ति वेतन धारकांनी जीवन प्रमाणपत्र दिलेले नाही अशी एक यादी तयार करून, त्यांना जीवन प्रमाणपत्र देण्यासाठी SMS/Emails पाठवून आठवण करून द्यावी. या शिवाय SMS/Email द्वारेच 'बँकेचा अधिकारी आपल्या घरी आल्यावर आपण जीवन प्रमाणपत्र देण्यासाठी व त्यासाठी ६० रु. शुल्क भरण्यासाठी तयार आहेत काय?' अशी विचारणा करावी.

(D/o Pension & Pensioners Welfare's Circular No.12/4/2020 PPW (C) 6300 Dated 17.1.2020)

२. सर्व बँकांना असा सल्ला दिला आहे की त्यांनी वर दिलेल्या सूचनांचे पालन करावे आणि त्यांनी या सूचनांना प्रसिद्धी देण्यासाठी त्यांच्या WEBSites वर टाकाव्यात आणि बँकेच्या सूचना फलकावर सुद्धा या सूचना लिहाव्यात.



पेंशन व पेंशनर्स वेलफेअर खात्याच्या दिनांक १८.०६.२०२० च्या आदेशानुसार १.१.२०१६ पूर्वी ९३००-३४८०० (ग्रेड पे ५४००) या पे बँड मधील २१८२० मूळ वेतन असतांना किंवा तत्पूर्वी तत्सम प्रिस्विट्हाइज्ड पे स्केल मधून २९००, ८८२५ मूळ वेतन असणाऱ्या सेवानिवृत्तांबाबत सातव्या वेतन आयोगा अंतर्गत टेबल-२९ नुसार पेंशन निर्धारित करण्यात आले होते. आता दिनांक १८.०६.२०२० च्या आदेशानुसार त्यांच्या पेंशन/फॅमिली पेंशन मध्ये सुधारणा करण्यात आली आहे.

६ जुलै २०१७ च्या आदेशात टेबल-२९ नुसार, ह्या स्टेज मधील पेंशनरांना २९००० रु पेंशन व १७४०० रु फॅमिली पेंशन निश्चित करण्यात आले होते.

आता दिनांक १८.०६.२०२० च्या आदेशानुसार त्यांचे पेंशन कमी होऊन पेंशन २८१०० रु. व फॅमिली पेंशन १६८९० रु. होणार आहे. सुधारित पेंशन दिनांक १.१.२०१६ पासून लागू होणार आहे.



■ सीजीएचएस कार्डची वैधता ३१ जुलै २०२० पर्यंत

जे पेंशनर्स सीजीएचएसचे लाभार्थी असून दरवर्षी वार्षिक वर्गाणी जमा करतात व ज्यांचे सीजीएचएस कार्ड ३१ मार्च २०२० पर्यंत किंवा नंतरच्या कालावधीपर्यंत वैध आहेत, अशा पेंशनरांच्या सीजीएचएस कार्डची वैधता ३१ जुलै २०२० पर्यंत वाढविण्याचे आदेश आले आहेत. यासाठी पेंशनरांने ॲडिशनल डायरेक्टर (सीजीएचएस) कार्यालयास ईमेलद्वारे विनंती अर्ज केल्यानंतर सीजीएचएस कार्डच्या डेटाबेस मध्ये कार्डची वैधता ३१ जुलैपर्यंत करण्यात येईल व त्याचा प्रिंटआऊट पेंशनरास ईमेलद्वारे पाठविण्यात येणार आहे.

त्याचप्रमाणे ३१ मार्च २०२० पासून सेवानिवृत्त झालेल्या व अजून पेंशन पेमेंट ऑर्डर न मिळालेल्या, सीजीएचएस लाभार्थी कर्मचाऱ्यांचे सीजीएचएस कार्डचे पेंशनर्स सीजीएचएस कार्डमध्ये परिवर्तन करून त्याची वैधता ३१ जुलै २०२० पर्यंत करण्यात येणार आहे असा आदेश आहे. त्यासाठी ॲडिशनल डायरेक्टर (सीजीएचएस) कार्यालयात ईमेलद्वारे विनंती अर्ज करावयाचा आहे. अर्ज केल्यानंतर सीजीएचएस लाभार्थी होण्यासाठी आवश्यक कागदपत्रे ३१ जुलै २०२० पर्यंत कार्यालयास सादर करण्याचे सुचित करण्यात येईल.

(आदेश क्र. Z.15025 / 17 / 2020 / DIR / CGHS dt. 29.5.2020)

सीजीएचएस वेलनेस सेंटर उघडण्यासाठी

- सध्या सीजीएचएसची सोय उपलब्ध असणाऱ्या शहरात (महाराष्ट्रात मुंबई, पुणे, नागपूर) नवीन सीजीएचएस वेलनेस सेंटर उघडण्यासाठी कमीत कमी २००० कार्ड होल्डर (केंद्रीय कर्मचारी आणि केंद्र सरकारी पेंशनर्स) असले पाहिजेत.
- नवीन शहरात सीजीएचएसची सोय सुरू करण्यासाठी कमीत कमी ६००० कार्डधारक असले पाहिजेत.



■ कोविड - २०१९ च्या संक्रमण काळात बाहेरून औषध विकत घेण्यासाठी विशेष मंजूरी

सीजीएचएस मेडीकल ऑफिसर / स्पेशालिस्ट/ नोंदणीकृत हॉस्पिटलचे स्पेशालिस्ट डॉक्टरांच्या सल्ल्यानुसार क्रॉनिक आजाराची औषध घेणाऱ्या सीजीएचएस लाभार्थींना संबंधित डॉक्टरांच्या चिठ्ठी (Prescription) च्या आधारावर वेलनेस सेंटरला न जाता जवळच्या दुकानातून औषध घेण्याची विशेष मंजूरी देण्यात आली आहे. त्यासाठी केलेल्या खर्चाची बिले सीजीएचएस वेलनेस सेंटरला सादर करावयाची आहेत. कोरोनाचा प्रादुर्भाव बघता विशेष मंजूरीची मुदत ३१ जुलै. २०२० पर्यंत वाढविण्यात आली आहे.

(आदेश क्र. 1) Z. 15025 / 12 / 2020 / DIR / CGHS dt 27.3.2020

2) Z 15025 / 12 / 2020 / DIR / CGHS dt 29.5.2020

□ □ □

■ बीएसएनएल व्हीआरएस - २०१९ अंतर्गत सेवानिवृत्त झालेल्या व वयाची ६० वर्षे पूर्ण झालेल्या सेवानिवृत्तांच्या पेन्शन कॉम्युटेशन बाबत

बीएसएनएल मधून व्हीआरएस - २०१९ अंतर्गत (वयाची ५५ वें पूर्ण झाल्यानंतर) सेवानिवृत्त झालेल्या व वयाची ६० वर्षे पूर्ण झालेल्या सेवानिवृत्तांना जर पेन्शन कॉम्युटेशन (commutation of pension) करायचे असेल त्यांना ज्या महिन्यात ६० वर्षे पूर्ण होत आहेत त्याच महिन्यात अर्ज करावयाचा आहे. त्यासाठी पेन्शन कॉम्युटेशनचा फॉर्म त्याच महिन्यातील जीवन प्रमाणपत्रासह बीएसएनएल मुख्यालयात (SSA) सादर करावयाचा आहे.

पेन्शन कॉम्युटेशनचा फॉर्म ह्याच बुलेटिनमध्ये पान क्र. २७ वर छापला आहे.

जीवन प्रमाणपत्राचा फॉर्म ह्याच बुलेटिन मध्ये पान क्रमांक २० वर छापला आहे.

टीप : पेन्शन कॉम्युटेशन ऐच्छिक आहे, केलेच पाहिजे असे (Compulsory) नाही.

□ □ □

■ बीएसएनएल मेडिकल रिअम्बर्समेन्ट कार्डची वैधता (Validity)

महाराष्ट्रात कोविड-२०१९ च्या वाढत्या प्रादुर्भावामुळे बीएसएनएल पेन्शनर्सना बीएसएनएल च्या मुख्य कार्यालयात जाणे सहज शक्य नाही. आपल्या असोसिएशन तर्फे मुख्य महाप्रबंधक बीएसएनएल, महाराष्ट्र सर्कल, सांताक्रूझ पश्चिम, मुंबई यांच्याशी आधी चर्चा व नंतर पत्रव्यवहार करण्यात आला. मुख्य महाप्रबंधक बीएसएनएल, महाराष्ट्र, सर्कल यांच्या कार्यालयाच्या आदेशानुसार पेन्शनर्सच्या मेडिकल रिअम्बर्समेन्ट कार्डची वैधता ३१-०८-२०२० पर्यंत वाढविण्यात आली आहे. मुख्य महाप्रबंधक यांचे आभारी आहोत.

बीएसएनएल कॉर्पोरेट कार्यालयाच्या क्रमांक BSNL / Admn. / 2020 / Medical dated 29/6/2020 आदेशान्वये बीएसएनएल सेवानिवृत्तांच्या मेडिकल कार्डची वैधता ३० सप्टेंबर २०२० पर्यंत वाढविण्यात आली आहे.

बीएसएनएल पूणे बाबत

पुणे शहरात कोविड-२०१९ च्या दिवसेंदिवस वाढत्या प्रादुर्भावामुळे सर्व पेन्शनर्स ना पीजीएमटी, बीएसएनएल, सातारा रोडच्या कार्यालयास जाणे अवघड आहे, तसेच एकाच कार्यालयात संभाव्य गर्दी करणे कार्यालयातील कर्मचारी/अधिकारी व पेन्शनर्स यांच्या आरोग्याच्या दृष्टीनेही चांगले नाही. या संबंधात, मी उप महाप्रबंधक, बीएसएनएल, पुणे यांच्याशी संपर्क साधून, ही बाब लक्षात आणून दिली. माननीय उप महाप्रबंधक यांनी 'पेन्शनर्स मेडिकल रिअम्बर्समेन्ट कार्ड' ची वैधता वाढविण्यासाठी प्रत्येक विभागीय डिव्हिजनल इंजिनियर यांच्या कार्यालयात सोय करण्याचे आश्वासन दिले. असोसिएशन आभारी आहे.

एच. एफ. चौधरी

■ बीएसएनएल पेन्शनर्सना मेडिकल रिअम्बर्समेन्ट करीता ऑप्शन देण्याबाबत

पेन्शनर्सना मेडिकल रिअम्बर्समेन्ट करीता ऑप्शन देण्याबाबत ८-०५-२०२० रोजी बीएसएनएल कार्पोरेट ऑफिस तर्फे पहिला आदेश देण्यात आला होता. तो एप्रिल -२०२० च्या बुलेटिन मध्ये प्रकाशित केला आहे. त्याच बाबतीत १०-०६-२०२० रोजी दुसरा आदेश देण्यात आला.

त्यानंतर आता १९.०६.२०२० आदेश देऊन खालील बाबतीत स्पष्टीकरण करण्यात आले आहे.

१. सीजीएचएसची सोय घेण्यासाठी कोणतीच 'कट ऑफ डेट' असणार नाही. बीएसएनएल पेन्शनर्स ना पाहिजे तेव्हा सीजीएचएसची सुविधा घेता येईल.

२. सर्व बीएसएनएल पेन्शनर्सना मेडिकल रिअम्बर्समेंटचे ऑप्शन देण्याची आवश्यकता नाही. ज्या पेन्शनरला मेडिकल रिअम्बर्समेंट चे ऑप्शन विथ व्हाऊचर ऐवजी विदाऊट व्हाऊचर असे बदलायचे असेल, त्या पेन्शनरानेच ऑप्शन देणे आवश्यक आहे.
३. जर पेन्शनरने ऑप्शन दिले नाही, तर मेडिकल रिअम्बर्समेंट विथ व्हाऊचर सुरु राहिल.
४. मेडिकल रिअम्बर्समेंट अंतर्गत विथ व्हाऊचर किंवा विदाऊट व्हाऊचर चे ऑप्शन दरवर्षी एकदा बदलता येते. यावर्षी कोविड-१९ च्या प्रादुर्भावामुळे ऑप्शन देण्यासाठी मुदत ३०-०९-२०२० पर्यंत वाढविण्यात आली आहे.
५. पुढील वर्षापासून दरवर्षी ३० जूनपर्यंत ऑप्शन फार्म सादर करता येईल.

(BSNL Corporate Office No.BSNL/Admn.1/15-12 Dated 19.06.2020)



वाचकांचा पत्र व्यवहार - एप्रिल ते जून २०२० चा त्रैमासिक P P बुलेटीन, सर्वांग सुंदर अंक व्हाट्सअप वर पाहण्यात आला. लॉक डाऊनच्या प्रतिकूल परिस्थितीतही चव्हेचाळीस पानांचा अंक प्रसिद्ध करण्यास आपण घेतलेले परिश्रम लक्षात येत आहेत. हे काम सोपे नव्हते. लॉक डाऊन ही इष्टापत्ती समजून हा अंक व्हाट्सअप वर प्रसिद्ध करून नवीन पायंडा पडलेला आहे. हा उपक्रम असाच सुरु ठेवावा ही अपेक्षा आहे. पारंपारिक पद्धतीने अंक प्रेस मध्ये छापणे, त्याचे गळे आल्यावर वैयक्तिक मागणीनुसार बुलेटीन वर नाव व पत्त्याचे स्टिकर चिटकवणे, गळे बांधून, पोस्टात जाऊन प्रत्येक वैयक्तिक सभासदांना /ब्राँचना पाठवणे. या सर्व कामास खूप परिश्रम करावे लागतात व वेळ ही खर्च होतो. सर्व ब्राँच सेक्रेटरीने सुद्धा या उपक्रमाचे स्वागत करावे. ही विनंती. परत एकदा मनापासून धन्यवाद.

मधुकर क्षीरसागर भुसावळ



शाखा अहवाल

- **दिग्रस** - दिग्रस शाखेची त्रैमासिक सभा दि. २६ जानेवारी २०२० रोजी श्रीहरी शरदचंद्र जोशी यांचे बागेत घेण्यात आली. ४ नवीन सभासदांचा सत्कार करण्यात आला. श्री. अंबलकर सचिव यांनी सभेत मार्गदर्शनपर भाषण केले. वनभोजनानंतर सभा संपन्न झाली.
- **वसई** - वसई शाखेची वार्षिक सहल वनराई फार्म हाऊस 'फुलपाखरांची बाग वाणगाव येथे बुधवार दिनांक १९ फेब्रुवारी २०२० रोजी अतिशय उत्साहात व आनंदात साजरी झाली. एकुण ११० ज्येष्ठ बंधू भगिनींनी या सहलीत भाग घेतला होता. वसई शाखेला सढळ हस्ते मदत करणारे श्री. लक्ष्मण पांडुरंग राऊत यांचे ४ मार्च २०२० रोजी प्रदीर्घ आजाराने निधन झाले. त्यांच्या इच्छेनुसार त्यांच्या देहदानाचे सत्कार्य करण्यात आले ही वसई शाखेसाठी अभिमानाची गोष्ट आहे.
- **ठाणे** - शाखेतर्फे रु. १००००/- व श्री. पोंक्षे यांच्यातर्फे रु. ५०००/- असे एकूण रु. १५०००/- दिनांक २२ फेब्रुवारी २०२० रोजी बालिकाश्रम, वात्सल्य ट्रस्ट मुंबई यांना देणगी देण्यात आली. 'वात्सल्य ट्रस्ट मुंबई' हे बालिकाश्रमाच्या माध्यमातून बालिकांचे संगोपन, शिक्षण व रुग्णोपयोगी सेवा यात अग्रेसर असून, बालिकांचे हित पाहून त्याचे जीवन समृद्ध करते.
- **नाशिक शाखा** - ऑल इंडिया सेन्ट्रल गव्हर्नमेंट पेन्शनर्स असोसिएशन नाशिक शाखेचे वतीने दरवर्षी प्रमाणे कृतज्ञता निधी म्हणून रुपये ५०००/- अपंग व लहान मुलांसाठी विनाअनुदानित चालवल्या जाणाऱ्या, 'निरंजन अव्हाड फौंडेशन' च्या शाळेसाठी २-३-२०२० रोजी अध्यक्ष, सेक्रेटरी, खजिनदार, उपखजिनदार, यांच्या हस्ते देण्यात आला.
- **पिंपरी-चिंचवड** - शाखेतर्फे दि.२०.२.२०२० रोजी चिंचवड टेलिफोन एक्सेजेंचच्या आवारात बीएसएनएल VRS घेतलेल्या कर्मचाऱ्यांसाठी मेळावा आयोजित केला होता. श्री. एस. एन. शिंदे यांनी यासाठी पुढाकार घेतला. मेळाव्यास शाखेचे सेक्रेटरी श्री. आबनावे व मुख्यालयाचे सहकार्यवाह श्री. व्ही. जी. केळकर उपस्थित होते. श्री. केळकर यांनी उपस्थितांना आपल्या असोसिएशनची माहिती देऊन VRS घेतलेल्या कर्मचाऱ्यांच्या विविध शंकांचे निरसन केले. सभेस उपस्थित असलेल्या अंदाजे २५-३० कर्मचाऱ्यांपैकी १५ जणांनी आपल्या असोसिएशनची मॅबरशिप स्विकारली.
- **पुणे** - आर. एम. एस निवृत्त महिलांनी सुरु केलेली सामाजिक भिशीचे रु. २८०००/- (अड्डावीस हजार) सौ. स्मिता कुर्तकोटी व इतर मैत्रिणींनी 'असिम फाऊंडेशन' या संस्थेस देणगी स्वरूपात दिली. काश्मीरी मुलांसाठी शिक्षणाची सोय, रहाण्याची सोय ही संस्था कार्य करते.



Donations to PM Cares Fund by Members of Digras Branch

1)	Shri B. J. Ambalkar.	1000	12)	Shri S. K.Ahamed	1000
2)	Shri B. B. Gangathade	1000	13)	Shri S. D. Mangalekar	1000
3)	Shri D. R. Chambhare	1000	14)	Shri S. T. Joshi	1000
4)	Shri G. S. Deshpande	1000	15)	Shri J. T. Joshi	1000
5)	Shri S. V. Kulkarni	1000	16)	Smt Jadhao	1000
6)	Shri P. M. Deshmukh	1000	17)	Shri K. K. Chirde	1000
7)	Shri S. M. Ingole	1000	18)	Shri L. N. Dandegaonkar	800
8)	Shri L. N. Chirde	1000	19)	Shri K. P. Bodade	700
9)	Shri R. K. Halde	1000	20)	Shri N. B. Thakare	500
10)	Shri W. B. Thakare	1000	21)	Shri U. S. Shastrakar	500
11)	Shri W. S. Mundel	1000	22)	Smt Dabhade	500

Donations to PM Cares Fund by Members of Kolhapur Branch

1)	Shri P. S. Kulkarni, Secretary	1000	17)	Shri R. R. Malavade, Org. Secretary	500
2)	Shri S. B. Sonalkar, Org. Secretary	1000	18)	Shri S. L. Sonavane, Member	500
3)	Shri P. S. Shevale, Member	1000	19)	Shri P. K. Deshpande, Member	1000
4)	Shri P. H. Joshi, Treasure	1000	20)	Shri S. V. Deshpande, Member	1000
5)	Shri V. M. Patil, Member	1000	21)	Smt. S. S. Tase, Member	1000
6)	Shri M. R. Mangeshkar, President	500	22)	Shri Barve, Well Wisher	1000
7)	Shri A. B. Ambapkar, Member	1000	23)	Shri R. P. Joshi, Well Wisher	1000
8)	Smt. Rashmi S. Lalge, Member	1000	24)	Shri D. N. Koli, Member	500
9)	Shri V. S. Joshi, Vice President	500	25)	Shri N. S. Koli, Member	500
10)	Shri B. J. Powar, Member	1000	26)	Shri M. B. Mujawar, Member	500
11)	Shri R. R. Kulkarni, Member	1000	27)	Shri V. J. Kanada, Member	500
12)	Shri V. P. Moghe, Member	1000	28)	Shri. G. A. Patil, Member	1000
13)	Shri N. B. Khadilkar, Member	1000	29)	Shri. S. S. Tondale, Member	500
14)	Shri K. V. Deshpande, Astt. Secretary	1000	30)	Shri. R. G. Powar, Member	1000
15)	Shri D. V. Kulkarni, Member	1000	31)	Shri P. C. Dangal, Member	1000
16)	Shri C. V. Parulekar, Member	1000			

Donations to PM Cares Fund

1)	Shri S. N. Satpute	500	3)	Shri Korelkar, Yevatmal	500
2)	Shri G. G. Purke	500	4)	Shri K. Chamlate	500

बीएसएनएल मधून ३१ जानेवारी २०२० रोजी स्वेच्छानिवृत्ती घेणाऱ्यांना २०१९-२० या आर्थिक वर्षात वेतन, सानुग्रह अनुदान व इतर बेनिफिट्स मिळाले आहेत. त्यांनी या वर्षीचे इन्कमटॅक्स रिटर्न चार्टर्ड अकाउंटंट मार्फत भरावे.

DONATIONS TO PM CARES FUND

Sr. No.	Name	Amount	Sr. No.	Name	Amount
1.	Shri P. R. Shirode , Pune	5100	2.	Shri K. D. Nilekar Pune	5000
3.	Shri. Modak, Goa	5000	4.	Shri. Avinash Sapakal , Pune	5000
5.	Shri V. V. Salvekar, Pune	5000	6.	Smt. Rohini Shirgaonkar	4000
7.	Shri S. K. Joshi Kalva, Thane	3000	8.	Shri D. B. Surve , Pune	3000
9.	Shri H. F. Chaudhari, Pune	2500	10.	Mrs. M. R. Ogale, Pune	2500
11.	Smt. Sandhya S. Puntambekar	2000	12.	Shri Balaram K. Chhabria Amravati	2000
13.	Smt. Sandya Kulkarni, Pune	2000	14.	Shri. Mahadev Joshi, Thane	2000
15.	Shri H. N. Patil, Jalgaon	1500	16.	Shri P. V. Mathure, Thane	1500
17.	Shri G. G. Mahabal	1100	18.	Shri S. M. Bhosale , Thane	1000
19.	Shri W. S. Bhome, Pune	1000	20.	Shri N. B. Parkhi , Wani	1000
21.	Shri B. D. Khadase, Wani	1000	22.	Shri D. D. Khobragade, Wani	1000
23.	Shri R. N. Patade, Wani	1000	24.	Shri S. R. Rajgadkar, Wani	1000
25.	Shri Nagesh Kelkar, Goa	1000	26.	Shri Madhukar Upkare, Barshi	1000
27.	G. N. Kulkarni, Vijaypur	1000	28.	Shri T. O. Patill, Jalgaon	1000
29.	Shri C. Borhade	1000	30.	Shri S. B. Melekar, Wani	1000
31.	Shri Kumbhojkar , Pune	700	32.	Akola Branch	10000
33.	Otur Branch	5000	34.	Pune Branch	5000
35.	Malegaon Branch	1000			

DONATIONS TO PM CARES FUND OF DOMBIVLI BRANCH

Sr. No.	Name	Amount	Sr. No.	Name	Amount
1	S. B. Kondaguli	5000	2	Shrinivas Kulkarni	3000
3	Dhatrange	2111	4	Dilip Jayde	2000
5	A. I. Inamdar	2000	6	U. J. Naik	2000
7	P. K. Pote	2000	8	Smt. N.P. Joshi	2000
9	Ashok Thaker	2000	10	Shri Shrotri	2000
11	V. S. Dawalbhakta	2000	12	Arun Guhagarkar	1500
13	Vikas Joshi	1500	14	A. K. Kharul	1500
15	S. G. Vaidhya	1500	16	Nazirker	1500
17	Bahadkar	1500	18	Rajendra Gangreddiwar	1500
19	Manohar Natu	1500	20	Savnoor	1500
21	Suresh Mhasker	1000	22	A. L. Naik	1000
23	Vilas Pandit	1000	24	Vijay Pradhan	1000
25	Shri Panshikar	1000			



जे का रंजले गांजले ।
त्यासि म्हणे जो आपुलें ॥१॥

तो चि साधु ओळखावा ।
देव तेथें चि जाणावा ॥२॥

मृदु सबाह्य नवनीत ।
तैसे सज्जनांचे चित्त ॥३॥

ज्यासि अपंगिता नाही ।
त्यासि धरी जो हृदयी ॥४॥

दया करणें जें पुत्रासी ।
ते चि दासा आणि दासी ॥५॥

तुका म्हणे सांगू किती ।
त्या चि भगवंताच्या मूर्ति ॥६॥



श्रीमती स्वाती दळवी, पोस्टमास्तर पुणे यांच्या मार्गदर्शनाखाली वयोवृद्ध पेन्शनर्स ना घरी जाऊन पेन्शन देताना कर्मचारी



श्री कैलास बाबुलाल महाजन पोस्टमन, चाळीसगाव वयोवृद्ध पेन्शनर्सना घरपोच पेन्शन देताना



पुण्यातील वृद्धाश्रमातील पेंशनर्सना पेन्शन देताना श्री हबीब पोस्टल असिस्टंट



ठाणे शाखा व श्री पोंक्षे याच्यातर्फे रु.१५०००/-बालिकाश्रम, वात्सल्य ट्रस्ट मुंबईला देणगी देताना



नाशिक शाखेतर्फे निरंजन अव्हाड फाँडेशन च्या शाळेसाठी रु ५०००/-कृतज्ञता निधी देताना नाशिक शाखेचे पदाधिकारी.



मा. खासदार श्री हेमत गोडसे ह्याना सीजीएचएस बाबत निवेदन देताना नाशिक शाखेचे पदाधिकारी

Book - Post
(Printed Matter)

PENSIONERS PROGRESS BULLETIN
PERIODICAL PRINTED PACKET July - September 2020

Printed and Published by Hanumant Fakiraji Chaudhari on behalf of
ALL INDIA CENTRAL GOVERNMENT PENSIONERS' ASSOCIATION, HQ PUNE
Printed at: Sanwad Tradeprints Pvt. Ltd. b/7, Gowaikar Bldg., 595 Shaniwar Peth, Pune 411 030,
and Published at : Phadake Sankul, 1785, Sadashiv Peth, Pune - 411 030. Editor : Hanumant Fakiraji Chaudhari